

Pennsylvania POLST Tools

<http://aging.upmc.com/professionals/resources-polst.htm>



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Pennsylvania Orders for Life-Sustaining Treatment (POLST)

The goal of the POLST paradigm is to effectively communicate the wishes of seriously ill patients to have or to limit medical treatment as they move from one care setting to another.

[POLST: Respecting Patient Wishes Near the End of Life](#)

2011 End-of Life Care Planning and POLST Education Series

[Part 1: Advance Care Planning—Understanding PA Law](#)

[Part 2: What is POLST? The Pennsylvania POLST Form](#)

[Part 3: Practical Implementation of POLST in Care Settings](#)

[POLST Paradigm Core Elements](#)

[PA Department of Health Out-of-Hospital Do-Not-Resuscitate \(DNR\) Orders](#)

[PA Department of Health POLST Form](#)

[Guidance for Health Care Professionals in Completing the POLST Form](#)

[Information for Patients and Families](#)

[Steps to Implement POLST](#)

[POLST Brochure](#)

[Resources](#)

References on PaDOH Website

www.health.state.pa.us/

- Quick Link and Bureau of EMS sites POLST Form and instructions
- Bureau of EMS
 - Out-of-Hospital DNR information
 - OOH-DNR protocol within Statewide BLS Protocols
 - [http://www.portal.state.pa.us/portal/server.pt/community/emergency_medical_services/14138/polst - out-ofhospital dnr orders/556979](http://www.portal.state.pa.us/portal/server.pt/community/emergency_medical_services/14138/polst_out-ofhospital_dnr_orders/556979)

Original POLST Research

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 - **Hickman SE, Hames BJ, Moss AH, & Tolle SW. (2005). Hope for the Future: Achieving the Original Intent of Advance Directives. The Hastings Center Report Special Report, 35, (6), S26-S30**
- **Hickman, SE., Sabatino, CP., Moss, AH., Nester Wehrle, J. The POLST (Physician Orders for Life-Sustaining Treatment) Paradigm to Improve End-of-Life Care: Potential State Legal Barriers to Implementation. J Law Med Ethics (2008) 36:119-140**
- **Dunn Patrick M, MD; Tolle, Susan W. MD; Moss, Alvin H. MD; Black, Judith S. MD, MHA. The Polst Paradigm: Respecting the Wishes of Patients and Families. *Annals of Long-Term Care/Volume 15, Number 9/September 2007: 33-40***
- **Kirchhoff, Karin T, PhD, RN, Hammes, B J, PhD, Kehl, Karen A, PhD, RN Briggs, Linda A, MA, MS, RN & Brown, Roger L, PhD. Effect of a Disease-Specific Planning Intervention on Surrogate Understanding of Patient Goals for Future Medical Treatment, *J AM Geriatric Society* 2010; 2760;1233-1240**
- **Hammes, BJ., PhD, Rooney, BL., PhD, MPH, & Gundrum, JD., MS. La Crosse Advance Directive Study, 2009.**
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- **Kellermann, Arthur MD; Lynn, Joanne MD. Withholding Resuscitation in Prehospital Care, *Annals of Internal Medicine* 2006; 144:9; 692-694**
- **National Quality Forum, Framework and Preferred Practices for Quality Palliative Care & Hospice Care, 2006**

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Advance Care Planning Web Site Resources

www.pamedsoc.org	Pennsylvania Medical Society A guide to Act 169 of 2006
www.acms.org or www.acba.org	Allegheny County Medical Society/Allegheny County Bar Association Health Care Power of Attorney and Living Will Forms
www.caringinfo.org	Download state specific Advance Directives
www.hardchoices.com	“Hard Choices for Loving People”: A resource for professionals, patients and their families regarding end-of-life decisions
www.eperc.mcw.edu	End of life and palliative care education resource center

POLST Web Site Resources

<p>www.polst.org</p>	<p>Center for Ethics in Health Care Oregon Health & Science University</p>
<p>http://www.aging.pitt.edu/professionals/resources.htm</p>	<p>Aging Institute of UPMC Senior Services and the University of Pittsburgh (POLST Tools)</p>
<p>www.health.state.pa.us - Health Services and Resources - Emergency Medical Services - POLST – Out-of-Hospital DNR Orders or www.health.state.pa.us Click on “Quick Links” in the middle of the screen</p>	<p>Pennsylvania Department of Health - POLST form - Act 59 of 2002, Pennsylvania Out of Hospital Do Not Resuscitate Act form</p>
<p>http://www.dom.pitt.edu/dgim/IEPC/</p>	<p>University of Pittsburgh Institute to Enhance Palliative Care</p>
<p>www.wvendoflife.org</p>	<p>West Virginia Center for End-of-Life Care POST</p>
<p>www.compassionandsupport.org/</p>	<p>Excellus Blue Cross Blue Shield MOLST</p>