

Name \_\_\_\_\_

Date \_\_\_\_\_

University of Pittsburgh Voice Center  
Voice Care Information Questionnaire

1. I use my speaking voice primarily for:
  - ~ A. my profession (teacher, minister, lawyer, salesperson, etc.)
  - ~ B. activities outside of work (coaching, community, organizations, etc)
  
2. I use my singing voice primarily for:
  - ~ A. my profession (singer-primary income, student of voice)
  - ~ B. activities outside of work (choir/chorus, singer/band member- secondary income)
  - ~ C. none of the above. I do not sing.
  
3. I would rate my degree of talkativeness as the following: (circle response)

1	2	3	4	5	6	7
Quiet			Average			Extremely
Listener			Talker			Talkative

---

4. VHI-10\* **Instructions:** These are statements that many people have used to describe their voices and the effects of their voices on their lives. Circle the response that indicates how frequently you have the same experience.

0 = Never  
 1 = Almost never  
 2 = Sometimes  
 3 = Almost always  
 4 = Always

My voice makes it difficult for people to hear me.	0	1	2	3	4
People have difficulty understanding me in a noisy room.	0	1	2	3	4
My voice difficulties restrict personal and social life.	0	1	2	3	4
I feel left out of conversations because of my voice.	0	1	2	3	4
My voice problem causes me to lose income.	0	1	2	3	4
I feel as though I have to strain to produce voice.	0	1	2	3	4
The clarity of my voice is unpredictable.	0	1	2	3	4
My voice problem upsets me.	0	1	2	3	4
My voice makes me feel handicapped.	0	1	2	3	4
People ask "What's wrong with your voice?"	0	1	2	3	4

**Please check that you have answered all the questions.**

Rev. 6/8/06

\* Rosen CA, Lee AS, Osborne J, Zullo T, Murry T. Development and validation of the voice handicap index-10. Laryngoscope. Sept 2004; 114(9):1549-56