

Do you have tennis elbow?

Would you be willing to try prolotherapy?

The Center for Integrative Medicine at UPMC Shadyside is conducting a research study to evaluate the benefits of prolotherapy for tennis elbow.

Prolotherapy is used for treating chronic pain around joints and ligaments. It involves injecting small amounts of a sugar solution into the affected areas. The injections stimulate the body to repair the painful area.

You may be eligible to participate if you are:

- Between 18 and 65 years of age
- Currently experiencing tennis elbow
- English speaking

You are NOT eligible if you are pregnant.

What is involved?

- Up to eight visits; approximately one hour for each visit
- Traveling to The Center for Integrative Medicine at UPMC Shadyside

Participants will receive:

- A minimum of three injections
- Compensation for parking and time

For more information, please call The Center for Integrative Medicine at UPMC Shadyside research line at 412-623-2374 or visit integrativemedicine.upmc.com.