UPMC Senior Communities Residents

TOP THE CHARTS

ELEANOR and BOB
CUMBERLAND CROSSING MANOR

JIM
VANADIUM WOODS
VILLAGE

Ralph
Sherwood Oaks

GOOODBYE YELLOW BRICK ROAD

UPMC Senior Communities Residents

Visit us at UPMCSeniorCommunities.com, or call 1-800-324-5523

Fall/Winter 2017
Dear Friends:

The UPMC Senior Communities Benevolent Care Fund continues to grow as a result of so many of our readers sending in donations! I want to personally thank each of you for your continued support. This enables us to offer benevolent care to our qualifying residents when the need arises. And to anyone new to Community Connections, please enjoy the stories that paint the picture of our services and the more than 2,900 residents we serve daily.

We recently expanded UPMC Senior Communities geographic coverage with the addition of two skilled nursing and rehabilitation facilities. We are pleased to now include in our family Avalon Place in New Castle and Avalon Springs Place in Mercer. These facilities are great additions and strengthen what Senior Communities has to offer. Please read further to learn more.

This edition features a story highlighting the many kinds of families that we serve. Over the decades, we have had spouses, siblings, parents and children all living together, benefiting from the conveniences of being in one location. Enjoy these heartfelt family vignettes.

Additionally, we have included a story that highlights the many benefits of being part of UPMC Senior Communities, part of a large health system offering resources and access to almost any service you might need to stay healthy and continue living life to its fullest. Whether it’s access to physicians, education, or care in your own home, UPMC continue living life to its fullest. Whether it’s access to almost any service you might need to stay healthy and taking advantage of seniors everywhere.

And finally, please remember the UPMC Senior Communities Benevolent Care Fund as you review your financial planning. Whether you are looking for an annual donation to maximize your tax benefits; are naming beneficiaries in your will as part of your estate planning; or are looking for a great investment while fulfilling a philanthropic need through a Charitable Gift Annuity, our Benevolent Care Fund is a wonderful option to support seniors in need.

Thank you for taking your time to read Community Connections. We exist to improve the lives of seniors, benefit from these affiliations.

Please take a moment to learn about recent fraud activity targeting seniors. It’s important to be aware that these fraud scams are growing and taking advantage of seniors everywhere.

And to anyone new to Community Connections, please enjoy the stories that paint the picture of our services.

Sincerely,

Mark Bondi
President, UPMC Senior Communities

Dear Friends:

The UPMC Senior Communities Benevolent Care Fund continues to grow as a result of so many of our readers sending in donations! I want to personally thank each of you for your continued support. This enables us to offer benevolent care to our qualifying residents when the need arises. And to anyone new to Community Connections, please enjoy the stories that paint the picture of our services and the more than 2,900 residents we serve daily.

We recently expanded UPMC Senior Communities geographic coverage with the addition of two skilled nursing and rehabilitation facilities. We are pleased to now include in our family Avalon Place in New Castle and Avalon Springs Place in Mercer. These facilities are great additions and strengthen what Senior Communities has to offer. Please read further to learn more.

This edition features a story highlighting the many kinds of families that we serve. Over the decades, we have had spouses, siblings, parents and children all living together, benefiting from the conveniences of being in one location. Enjoy these heartfelt family vignettes.

Additionally, we have included a story that highlights the many benefits of being part of UPMC Senior Communities, part of a large health system offering resources and access to almost any service you might need to stay healthy and continue living life to its fullest. Whether it’s access to physicians, education, or care in your own home, UPMC continue living life to its fullest. Whether it’s access to almost any service you might need to stay healthy and taking advantage of seniors everywhere.

And finally, please remember the UPMC Senior Communities Benevolent Care Fund as you review your financial planning. Whether you are looking for an annual donation to maximize your tax benefits; are naming beneficiaries in your will as part of your estate planning; or are looking for a great investment while fulfilling a philanthropic need through a Charitable Gift Annuity, our Benevolent Care Fund is a wonderful option to support seniors in need.

Thank you for taking your time to read Community Connections. We exist to improve the lives of seniors, benefit from these affiliations.

Please take a moment to learn about recent fraud activity targeting seniors. It’s important to be aware that these fraud scams are growing and taking advantage of seniors everywhere.

And to anyone new to Community Connections, please enjoy the stories that paint the picture of our services.

Sincerely,

Mark Bondi
President, UPMC Senior Communities

Avalon Springs Place and Avalon Place
Join UPMC Senior Communities

Senior Communities and its residents, as part of UPMC, benefit from these affiliations.

Avalon Springs Place, a 100-bed skilled nursing facility located on a 40-acre campus in Mercer, PA, and Avalon Place, an 84-bed skilled nursing facility in New Castle, have joined the 23 facilities offering independent living through skilled nursing and short-term rehabilitative services under the umbrella of UPMC Senior Communities.

“Bringing the Avalon facilities into UPMC preserves Avalon’s long-standing mission as a nonprofit provider serving Lawrence and Mercer counties,” says Mark Bondi, president, UPMC Senior Communities.

Since 2001, Avalon Place has provided skilled nursing and rehabilitative services to thousands of families in New Castle, PA and the surrounding area. Committed to caring for the people of Lawrence County, Avalon Place strives to create the best environment and the best quality of life for residents and families.

Says Joey Boyles, administrator at Avalon Place, “Our administrative team and direct care staff are excited to join UPMC Senior Communities — a regional and national leader in senior care. We look forward to positive changes for our residents, staff, and community.”

Avalon Springs Place sits on 40 acres not far from the town of Mercer. Like Avalon Place, it provides skilled nursing and rehabilitation; additionally, the campus includes a number of independent living apartments. A country club-like setting and recently remodeled living spaces lend themselves beautifully to wellness and independence.

Both facilities employ professional teams of registered nurses, licensed practical nurses, and certified nursing assistants working cooperatively to return residents to their highest level of independent functioning. Caring, dedicated staff provide comprehensive skilled nursing and rehabilitation services that address the physical, psychological, and social needs of each resident.

Facility improvements, information technology upgrades, staff education and development, and access to UPMC’s innovative geriatric specialty services and research will support Avalon Springs Place and Avalon Place in advancing senior care and quality of living for older adults in the region.

With the addition of Avalon Place and Avalon Springs Place, UPMC Senior Communities now offers services on 19 campuses.
Every spring for the past six years, an unusual caravan has made its way throughout UPMC Senior Communities campuses. From cars, vans and trucks emerge a surprising array of costumes, props, lights and cameras. Familiar spaces are transformed into make-shift dressing rooms and photography studios. Anticipation and curiosity abound among residents, staff and guests. It can only mean one thing: it’s time for the making of the annual UPMC Senior Communities Benevolent Care Fund calendar.

UPMC Senior Communities cares for more than 2,900 senior citizens across Western Pennsylvania on a daily basis. Established in 2007, the Benevolent Care Fund supports aging in place by providing financial assistance to UPMC Senior Communities residents who have exhausted their resources and meet the fund’s criteria.

The calendar takes on a specific theme each year and features Senior Communities residents. At its inception, the idea for the calendar was to meet a charitable need, but there is a secondary benefit equally meaningful to the residents who participate in the photo shoot.

Says Deanne Thomas, activities coordinator at Seneca Manor, a UPMC Senior Communities assisted living facility in Penn Hills, “It’s unlike anything else we have the opportunity to do. The make-up, the costumes, and the moment of the ‘big reveal’ when the resident comes out of that dressing room—it creates so much joy throughout the community.”

The 2018 edition, titled “Chart Toppers,” showcases residents costumed as iconic popular singers. Each month of the calendar features an interpretation of a famous artist’s album cover. “Chart Toppers” depicts more than 140 UPMC Senior Communities residents in ways they never anticipated.

Each resident spends about 30 minutes in hair, make-up and costuming in the capable hands of Senior Communities staff. The dressing area is replete with wigs, hair nets, and instruments. Making one’s way from the dressing area to the “set” becomes something of a promenade. Audiences gather; laughter and applause repeat in a chorus throughout the day.

Sherwood Oaks resident Ralph Flaugher, 95, dressed up in a white suit, straw hat and sparkly bow tie to play singer Elton John. While he prefers Frank Sinatra and Dean Martin, Flaugher said it was interesting, challenging and fun playing the British singer. “He’s obviously good at what he does,” Ralph said.

Calendar veteran Anzy Henderson of Seneca Hills Village, 94, rocked a metallic gold shirt and wore dark shades as he tinkled on a keyboard and lip-synced to Ray Charles’ “Georgia on My Mind.”

The 2018 UPMC Senior Communities Benevolent Care Fund calendar, “Chart Toppers,” is on sale now at a cost of $10 each and supports seniors in need. To order, please contact Debra Panei, Director of Development, at paneid@upmc.edu or call 412-864-3524.
9th Annual

Celebrating Senior Champions

Creating a Better Life for Seniors

Dinner and Auction at the Omni William Penn Hotel.

“We are proud to shine a light on three distinguished awardees whose extraordinary and diligent work benefits countless seniors and caregivers in our region. We are a stronger, healthier community for their contributions to the cause of aging well,” says Deborah Brodine, President of UPMC Community Provider Services.

Arthur S. Levine, MD will be honored as the Grand Champion. Dr. Levine became Senior Vice Chancellor for the Health Sciences and Dean of the School of Medicine at the University of Pittsburgh in 1998. He was named the John and Gertrude Petersen Dean of Medicine in 2013. He is also Professor of Medicine and Molecular Genetics in the School of Medicine. Dr. Levine is a driving force of fundamental research into aging processes at the cellular and subcellular levels. His own molecular biology-based laboratory is focused, in part, on the role of DNA damage in promoting premature aging.

The Jewish Healthcare Foundation (JHF) will be recognized as the Community Champion. Under the leadership of Karen Wolk Feinstein, PhD, President and CEO, JHF and its two operating arms, the Pittsburgh Regional Health Initiative (PRHI) and Health Careers Futures (HCF), perform a unique mix of grant making, research, teaching, coaching, and project management. Together, these entities have become a leading voice in patient safety, healthcare quality, and related workforce issues.

“Having an organization that is laser focused on ensuring patient interests are addressed with dignity and the right to make decisions is a profound gift to a senior population that often reaches advanced years in a position of vulnerability,” says Darryl Ford Williams, Vice President of Content for WQED Multimedia.

Eric G. Rodriguez, MD is our 2017 Caregiver Champion. Dr. Rodriguez is an Associate Professor of Medicine within the University of Pittsburgh’s Division of Geriatrics and serves as a geriatrics medical consultant at the UPMC Senior Care-Benedum Geriatric Center at UPMC Presbyterian. Additionally, he is the Medical Director for UPMC’s Living at Home and Staying At Home programs, which support seniors in their desire to age in place and Medical Director of Care Management at UPMC Presbyterian Shadyside.

Dr. Rodriguez has been an internal medicine physician specializing in geriatrics for more than 30 years. His primary expertise is in the care of patients with complex, interacting comorbidity and polypharmacy, especially those suffering from dementia.

Says Missy Sovak, Director of UPMC’s Geriatric Care Coordination Program, and a long-time colleague, “His devotion to all of his patients is evident in his daily practice, as we have heard repeatedly from our clients throughout the years. His extensive knowledge of geriatric syndromes and medications is invaluable to our program.”

All proceeds from the Celebrating Senior Champions Dinner and Auction will benefit UPMC Senior Communities Benevolent Care Fund, which provides financial assistance and support services to eligible residents. For more information about the event, contact Debra Panei, Director of Development for UPMC Senior Services, at 412-864-3524 or paneid@upmc.edu.

TICKETS: $175 per person
$325 per couple
Family Bonds Are Strong at UPMC Senior Communities

It is said that sisters are flowers from the same garden. And the garden is blooming at Strabane Trails Village, because the three Paxton sisters are back together again.

The sisters, Marjorie Meneely, 91, Doris Riggle, 89, and Isabelle Alderson, 87, are incredibly grateful to have each other. “I feel very blessed to be at Strabane Trails with my sisters,” Marjorie said. “We see each other or speak on the phone every day,” adds Isabelle.

The sisters grew up on a farm in nearby Houston, PA, and they credit their parents for fostering a close-knit family. “We did chores together, sang together, double and triple dated, and married within a year of each other,” the sisters recall happily.

Doris led the way when she and her husband moved to Strabane Trails in 2008. “We wanted to give up the big house and enjoy people and activities. It’s lovely here and close to our neighborhood and convenient to everything,” Isabelle followed in 2009 and Marjone arrived in 2012.

The trio has raised their families and come full circle to be together again at Strabane Trails. Doris said, “We have each other, and there’s always people around, things to do, and the care is the very best.”

Catherine and Rosalia Balestrieri

Catherine and Rosalia Balestrieri

Catherine Balestrieri, 87, and her daughter, Rosalia, 57, are enjoying life together at Hampton Fields, and it’s easy to see the strong bond of love between mother and daughter.

“My parents wanted a life care community, and they did their research,” Peg explained. “They loved the beautiful setting and small town feeling. It offered comfortable amenities and engaging activities along with high-quality health care. At the time of my father’s death in 2013, he had enjoyed 28 wonderful years at Sherwood Oaks.”

Joe and Peg Rychcik

Joe and Peg Rychcik

The Rychcik’s traveled and lived in many different places across the U.S. while Joe served as a Presbyterian Pastor. They “came back home to visit Peg’s parents often. “Our two sons

Continued on page 10
Community Connections

practically grew up here at Sherwood Oaks,” Joe said. “They had many wonderful experiences with their grandparents, including making use of the lake, game room, and swimming pool. And we made lasting friendships with many of the residents and staff.”

It’s no surprise that Peg and Joe chose Sherwood Oaks for their own retirement. The Rychcik’s agree, “It was a gift to see how happy our parents were here, and we wanted to pass that peace of mind to our sons, too.”

Twin sisters and best friends Rose Marie Laverty and Mary Jane Pearson, 87, are identical twins and best friends who have cheerfully reunited at Hampton Fields. They are mirror images of one another and dress in matching outfits. “We’ve always been close and dressed alike, and we still do,” laughs Rose Marie. Originally the Tegotthof twins, the girls began singing and dancing at age six. They performed for their dancing studio for many years and as adults formed a group of entertainers who performed music and dance shows for area senior homes.

“I knew a lot about senior communities from performing at them,” Rose Marie explains, “and I chose Hampton Fields. I wanted to live independently from my children and I liked the idea of comfort and companionship.” After the loss of her husband, Mary Jane soon followed and joined her sister.

The sisters have a closeness that only twins seem to share. They married best friends in a double wedding ceremony and honeymooned together in their ancestral city of Vienna, Austria.

Thrilled to be together, the sisters agree, “Hampton Fields is beautiful and newly remodeled. The staff is filled with the most pleasant people around and we especially enjoy the musical entertainment.”

Mary Jane Pearson and Rose Marie Laverty

In the interest of the welfare of our residents and families, we want to call attention to an increase in the frequency of attempted identify theft and fraud visited upon seniors locally and nationally. Education and early recognition are key to preventing victimization. UPMC Senior Communities offers ongoing seminars to residents, staff, and the community at large on this topic.

Says Michael Mills, Director of Security at Sherwood Oaks in Cranberry Township, “We have talked with local retailers about individuals making large amounts of gift card purchases and how asking simple questions can help screen for this kind of fraud. I have spoken with retail managers and employees to express gratitude for their role in preventing these scams from being perpetrated.”

Locally, the current telephone fraud targeting seniors includes:
• A family member facing arrest or legal trouble.
• IRS issuing an arrest warrant for unpaid taxes.
• Windows computer repair scam.

The current non-telephone scams are sweepstakes that require payment in exchange for receipt of winnings. Nationally, the scope of the IRS scam has prompted investigation and resulted in recent indictments. Assistant Attorney General Leslie R. Caldwell explains, “We want to get the word out that if you get one of these calls, it is not the U.S. government on the other end of the line. Even if your caller ID says ‘US Government’ or ‘IRS,’ or some other government agency, it is a scam. U.S. government agencies do not call and demand money to avoid immediate arrest or deportation. If you receive a call like this, do not pay any money. Instead, please report it to authorities.”

Anyone who believes he or she may be a victim of fraud or identity theft may contact the Federal Trade Commission online, www.ftc.complaintassistant.gov. Additional information about telefraud scams, preventing identity theft and fraudulent use of identity information is available on the IRS tax scams website, www.irs.gov; search tax scams and consumer alerts. Additionally, the Senate Special Committee on Aging also maintains a fraud hotline, 855-303-9470 or you can visit www.aging.senate.gov/fraud-hotline.
UPMC Senior Communities: We’re Part of Something Big!

UPMC Senior Communities is proud to be part of UPMC — one of the most innovative and patient-centered health systems in the country. That affiliation brings valuable benefits to our residents and staff. As members of the larger UPMC family, we all benefit from the opportunities and resources that can only be found in a world-class health system. Some of them might surprise you!

UPMC PROVIDES CAREGIVERS WITH BEST-IN-CLASS EDUCATION & TRAINING

Quality care is the direct result of outstanding education and training. As part of its commitment to excellence in care, UPMC invests in passing on the latest knowledge and best practices to its caregivers. Here are two ways best-in-class education and training is making a difference at UPMC Senior Communities.

Understanding the challenges of aging

“By helping individual health care providers better understand the aging process, we’re opening the door to better communication and care.”

Betty Robison, MSN, RN-BC, geriatric educator, UPMC Aging Institute

The Aging Institute of UPMC Senior Services and the University of Pittsburgh is nationally known for its pioneering research and educational program. Doctors, nurses, nurses’ aides, and support staff at all UPMC Senior Communities can all benefit from the Institute’s outstanding resources. For example, the Institute’s delirium videos are required viewing for every Senior Communities employee. And as part of the UPMC Senior Communities career ladder, employees interested in advancing professionally must complete additional Aging Institute training. Step 1 in that ladder is Ageless Wisdom™, an interactive and experiential geriatric sensitivity training program that simulates the loss older adults experience in hearing, vision, touch, taste, and smell, as well as memory loss. Additionally, the Aging Institute just presented neuroscientist Robert J. Koester, a renown expert in the search and rescue of persons with dementia, to an audience of more than 130 professionals from health care, elder care, and law enforcement.

Working together for better geriatric care

“I was able to see older adults in their own surroundings — something we don’t experience in the clinical setting.”

Daniel Hedayati, medical student, University of Pittsburgh

At on-site health fairs last fall, residents of UPMC Senior Communities helped to give tomorrow’s health care professionals a greater understanding of the unique and challenging health care needs of older adults. More than 300 residents volunteered to participate in health assessments for fall risk, osteoporosis risk, caregiver stress, frailty, medicines, end-of-life wishes, cognitive function and memory, and depression, which were conducted by aspiring doctors, pharmacists, nurses, and physical therapists from the University of Pittsburgh’s Schools of the Health Sciences. The response from residents and students was so enthusiastic that the event will be repeated in Fall 2017.

UPMC CONNECTS RESIDENTS TO CUTTING-EDGE RESEARCH

UPMC and its academic partner, the University of Pittsburgh, are known for collaborative, groundbreaking research. Together, they bring $475 million in National Institutes of Health funding annually to our region — No. 5 in funding among research institutions across the country. Here are two ways cutting-edge research is making a difference at UPMC Senior Communities.

MOVE UP: A Mobility and Vitality Lifestyle Program

“Participating in the MOVE UP research project got our residents ‘up and moving’ — and even inspired them to get more involved in activities.”

Colleen Dille, activities director, Strabane Trails Village

Residents at two UPMC Senior Communities — Seneca Hills Village and Strabane Trails Village — are among 25 groups throughout western Pennsylvania participating in MOVE UP, a groundbreaking study. Funded by the Centers for Disease Control and Prevention, MOVE UP is focused on helping obese older adults lose weight through a more active and healthy lifestyle. The project is led by the Prevention Research Center at the University of Pittsburgh Center for Aging and Population Health.

UPMC SUPPORTS GREATER DIRECT RESIDENT CARE

UPMC’s commitment to excellence in care — delivering the right care, in the right way, at the right time — isn’t restricted to what happens in the hospital. It’s also evident in the care residents at UPMC Senior Communities receive every day. Here are three ways direct resident care is making a difference at UPMC Senior Communities.

Is there a doctor in the house?

“Our assisted living residents and their families appreciate the added peace of mind and wonderful convenience of having a doctor come right to one’s door.”

Greta Ceramic, marketing director, UPMC Senior Communities

Continued on page 14
“Worry-free living” is something residents of UPMC Senior Communities value. Life here means no more plumbing woes or snow shoveling! Some of our residents, though, may need additional support due to advancing age or declining health so they can continue to “age in place” at their independent living or assisted living home.

When they do, Life Enhancement Services, part of UPMC Senior Communities, comes to the rescue. Its staff offers services that range from helping with laundry or shopping, to running errands and assisting with dressing, walking or taking medicines, and even handling daily walks for a beloved pet.

Peace-of-mind and comfort at the end of life

“It’s our honor to accompany patients and their families during this important time in life’s journey, helping them actively communicate and providing them with very personalized care and support.”

Elena Nosal, patient care supervisor, Family Hospice and Palliative Care

During a life-limiting illness or medical problem, preparing for the end of life can be very stressful for older adults and their families. Helping residents of UPMC Senior Communities make informed decisions during this transition is Family Hospice and Palliative Care, Pennsylvania’s largest nonprofit hospice and palliative care organization.

Founded in 1980, Family Hospice is a pioneer in end-of-life care. Its staff helps patients define their wishes and ensures those goals are shared with family and staff. In addition to offering medical and comfort care, Family Hospice can connect patients to a network of support, including home health aides, spiritual care, and social workers, help veterans secure maximum benefits, and assist patients plan their funeral. It also offers free individual and group bereavement counseling for family and friends.

Remember the good old days when doctors made house calls to see patients? Assisted living residents at UPMC Senior Communities can still count on that same personal touch from UPMC doctors. At Cumberland Crossing, for example, internist John P. Uribe, MD, makes rounds every Monday and Thursday, accompanied by Saralinda Haskell, CRNP, his nurse practitioner. Together, they provide personal care to nearly half the residents.

Other onsite medical services at UPMC Senior Communities assisted living facilities include weekly visits from an audiologist for eye care, weekly visits from an audiology aide for hearing aid battery visits by an ophthalmologist for eye care.

Other onsite medical services at UPMC Senior Communities assisted living facilities include weekly visits from a podiatrist for foot care, and quarterly visits by an ophthalmologist for eye care.

It’s the little things that make a difference

“What we do is really needed. It’s the extra support residents need as they age in place, so they can remain close to their spouses, families, and friends.”

Jacqueline Kubican, care supervisor, Life Enhancement Services

What’s Happening

BEATTY POINTE VILLAGE
Monroeville, 412-374-9000
October 4, 2:30 PM
Understanding Medicare
October 18, 2:30 PM
Pittsburgh Festival Opera
November 1, 10:00 AM
Get to the Bottom of It by UPMC East
November 15, 2:30 PM
Tribute to Patsy Cline
December 1, 10:00 - Noon
Holiday Craft Show
December 13, 2:30 PM
Holiday Celebration with Johnny Angel

HAMPION FIELD VILLAGE
Allison Park, 412-492-8448
October 5, 2:30 PM
Button Box
October 24, 2:30 PM
Dream Machine: Bad Guys
November 2, 2:30 PM
Frank Sinatra Tribute
November 16, 2:30 PM
Brain Health
December 7, 2:30 PM
Holiday Celebration with Johnny Angel
December 22, 2:30 PM
River City Brass Band

LIGHTHOUSE POINTE VILLAGE
AT CHAPEL HARBOR
Fox Chapel, 412-781-2707
October 3, 2:30 PM
Button Box
October 17, 2:30 PM
Dream Machine: Bad Guys

SENECA HILLS VILLAGE
Penn Hills, 412-793-1700
October 5, 3:00 PM
Understanding Medicare
October 26, 3:00 PM
Johnny Angel
November 2, 3:00 PM
River City Brass Band
November 16, 3:00 PM
Haunted Roads of Western Pennsylvania
December 7, 3:00 PM
Tribute to Patsy Cline
December 14, 3:00 PM
Pittsburgh Doo Wop Big Band Christmas Show

SHERWOOD OAKS
Craberry Township, 724-776-8100
October 5 & 6, 1 - 5:00 PM AARP Driver Safety Class
October 17, 2:00 PM
Pittsburgh Doo Wop Band
November 3, 11:30 AM
Four-Course Conversation
November 13, 2:00 PM
Muder Mystery

DECEMBER 4, 2:00 PM
Neil Diamond Tribute
December 19, 2:00 PM
River City Brass Band
STRABANE TRAILS VILLAGE
Washington, 724-225-4100
October 3, 2:30 PM
Understanding Medicare
October 13, 2:30 PM
Neil Diamond Tribute
November 10, 2:30 PM
Buster Maxwell Entertainer and Singing Impressionist
November 14, 2:30 PM
Hollywood WW II in the Movies
December 12, 2:00 - 4:00 PM Holiday Craft Show
December 14, 2:30 PM
River City Brass Band

VENADIUM WOODS VILLAGE
Bridgeville, 412-221-2900
October 10, 2:30 PM
Understanding Medicare
October 23, 2:30 PM
Strange Encounters of Pennsylvania, with Stan Gordon
November 7, 11:00 AM - 3:00 PM Holiday Craft Show
November 16, 2:30 PM
Sentimental Juke Box
December 7, 2:30 PM
River City Brass Band
December 19, 2:30 PM
Hollywood Bad Guys

What’s Happening Check out these events at UPMC Senior Communities

All events are free and open to the public! For a complete listing of events, visit UPMC Senior Communities.com.
Announcing the 2018 Legacy Lineup

Mark your calendars and join us for these outstanding productions, a great mix of new acts and returning favorites!

Take advantage of great discounts when you buy more than one show. To order tickets, call Ticketfly at 1-877-987-6487, Monday through Saturday 10 a.m. to 9 p.m. and Sunday 1 p.m. to 9 p.m.

Tickets can also be purchased online at TheLegacyLineup.com.

Sunday, February 25, 2018 – 2:00 p.m.
**THE TAMBURITZANS**

Saturday, March 24, 2018 – 7:30 p.m.
**JIMMY BEAUMONT AND THE SKYLINERS**

Saturday, April 14, 2018 – 7:30 p.m.
**THE JERSEY SEASONS – FRANKIE VALLI AND THE FOUR SEASONS TRIBUTE CONCERT**

The Jersey Seasons are the epitome of the original Frankie Valli and the Four Seasons shows. This tribute concert is reminiscent of the early ‘60s with the instrumental and vocal harmony that is exactly to the specifics of the original, not to mention the uncanny vocal range and style of Gavan Rousseau, the star of the show!

Saturday, May 19, 2018 – 7:30 p.m.
**NIGHT FEVER – BEE GEES TRIBUTE**

FIRST TIME APPEARANCE AT THE LEGACY! Night Fever is the world’s largest production of the Bee Gees in the world. This all-Canadian cast from Toronto, Ontario will take you back in time to one of the greatest bands in pop history. The group has been touring for the past ten years from Disneyland to Russia, recreating the look and sound of the Bee Gees. Capturing a full history of the Bee Gees, audiences enjoy favorites such as “To Love Somebody,” “More Than A Woman,” “Night Fever,” “You Should Be Dancing,” and “StayingAlive.”

Saturday, June 23, 2018 – 7:30 p.m.
**THE FABULOUS HUBCAPS**

Saturday, June 9, 2018 – 7:30 p.m.
**JOHNNY ANGEL AND THE HALOS**

Saturday, July 14, 2018 – 7:30 p.m.
**THE BIRD DOGS PRESENT: THE EVERTH BROTHERS EXPERIENCE**

The Bird Dogs bring a genuine and youthful Everly Brothers experience to the stage. The Zmed brothers, Zachary and Dylan, celebrate the genetic intimacy so ever present in the harmonies created by Don and Phil Everly. When the guitar became electric, the Everly Brothers bridged the gap between Country and Rock n Roll with countless hits and classics. The Everly Brothers inspired bands like The Beatles, Simon and Garfunkel, The Kinks, Buddy Holly, and many groups that utilize the blend of two part harmony.

Saturday, July 28, 2018 – 7:30 p.m.
**MY GAL PATSY CLINE – TRIBUTE BY JOSIE WEVERLY**

BACK FOR A SECOND YEAR AT THE LEGACY!

Saturday, August 25, 2018 – 7:30 p.m.
**PURE GOLD**

Saturday, September 15, 2018 – 7:30 p.m.
**THE RETURN OF BUDDY HOLLY – TRIBUTE CONCERT**

Don’t miss this fabulous rendition of Buddy Holly and his famous songs. This national touring tribute concert is a must see. Travel back in time and enjoy Buddy Holly’s contribution to the world of music from a one-of-a-kind era.

Saturday, October 13, 2018 – 7:30 p.m.
**CAHAL DUNNE**

Saturday, October 27, 2018 – 7:30 p.m.
**THE MARCELS**

The Marcels are the guys who put the “Bomp” in the “Bomp-A-Bomp” back in 1961 when their first recording, “Blue Moon,” sold over two and a half million copies. This signature song put them on the map!

Saturday, November 10, 2018 – 7:30 p.m.
**THE VOGUES**

Saturday, December 1, 2018 – 7:30 p.m.
**JOHNNY ANGEL AND THE HALOS CHRISTMAS SHOW**

Saturday, December 8, 2018 – 7:30 p.m.
**PITTSBURGH Doo Wop Big Band Christmas Show**

The Legacy Lineup Exclusive-Premium Loyalists

UPMC for Life

UPMC Health Plan Medicare Program

The Legacy Lineup Elite Loyalists

The Legacy Lineup Enthusiast Loyalists

The Legacy Lineup Exclusive Loyalists

The Legacy Lineup Support Loyalists

The Legacy Lineup Dedicated Loyalists

The Legacy Lineup Low Priority Loyalists

The Legacy Lineup Rare Loyalists

The Legacy Lineup Enthusiast Loyalists
Community Highlights at UPMC Senior Communities

It’s Cruisin’ Time
Avalon Springs Place
Mercer
The July weather was perfect for a record turnout at the annual Avalon Springs Car Cruise and Ice Cream Social. It was a grand event with 230 cars participating. Residents, staff, volunteers and the community all had a wonderful time viewing the hot rods!

All Aboard
Beatty Pointe Village
Monroeville
On July 18th, residents of Beatty Pointe Village sailed the three rivers aboard the Gateway Clipper. It was a picture-perfect day to cruise around the city and take in the spectacular views.

Valentine’s Day
Canterbury Place
Lawrenceville
Canterbury Place observed Valentine’s Day with a special party. Sweet treats, musical entertainment, and a photo booth that delivered lots of laughs made the day special.

Spring Flowers
Cranberry Place
Cranberry Township
Residents at Cranberry Place took pleasure in creating floral masterpieces for their rooms with flowers donated by a local business. The fun and beauty made for a great spring experience.

Western Night
Hampton Fields Village
Allison Park
Residents at Hampton Fields Village were treated to a special tour of these interesting rooms and finished with lunch at The Porch at Schenley.

Aloha
Cumberland Crossing Manor
Allison Park
A Hawaiian Luau at Cumberland Crossing Manor enabled residents to hone their hula dancing skills. After much fun and laughter, it was discovered that they were quite the dancers!

Aloha
Cumberland Crossing Manor
Allison Park
Residents at Cranberry Place took pleasure in creating floral masterpieces for their rooms with flowers donated by a local business. The fun and beauty made for a great spring experience.

Nationality Rooms at the Cathedral of Learning
Cumberland Woods Village
Allison Park
On a beautiful spring day, the residents of Cumberland Woods Village toured the Nationality Rooms located in the Cathedral of Learning at The University of Pittsburgh. The group was treated to a special tour of these interesting rooms and finished with lunch at The Porch at Schenley.

A Day at Moraine
Jameson Care Center
New Castle
With blue skies and lots of sunshine, the residents of Jameson Care Center enjoyed a delightful day at Moraine State Park. They learned about local wildlife and the history of the lake on a guided boat tour around Lake Arthur.

Tea Party
Lighthouse Point Village
Fox Chapel
The ladies at Lighthouse Point Village had fun socializing at a tea party. Delicious cookies were served with the tea as everyone got to know each other a little better.

Qigong Exercises
Seneca Hills Village
Verona
A new Qigong exercise program was started at Seneca Hills Village. Residents have reported that this exercise is helping them relieve some of their aches and pains.

Rock It
Strabane Trails Village
Washington
Strabane Trails Village participated in the Rock-It for Relay. Residents donated and volunteered to keep the rocking chair rockin’ for the day. Proceeds were given to the American Cancer Society.

Summer Fun
Seneca Place
Verona
Seneca Place residents had some summer fun at Kennywood Park. Always a much-anticipated trip, they were amused watching the shows, eating Potato Patch fries and even got on some rides! As a special surprise, they were greeted by the cast of performers after a show.

Bunny Party
Cranberry Township
Squirrel Hill
Virginia and Ellen make some last-minute adjustments to their cowgirl attire before the fun begins!

Mother’s Day Tea
Seneca Manor
Verona
Seneca Manor held a “Everything I am is Because of You” tea to celebrate Mother’s Day. A memorable afternoon was shared by the mother and daughter duos and included a Ukrainian Egg demonstration.

Rock It
Strabane Trails Village
Washington
Strabane Trails Village participated in the Rock-It for Relay. Residents donated and volunteered to keep the rocking chair rockin’ for the day. Proceeds were donated to the American Cancer Society.

Lobster Party
Sherwood Oaks
Cranberry Township
All the fixings of a traditional lobster boil were served at Sherwood Oak’s Lobster Party. Guests were treated to fresh seafood and vegetables right from the boiling pot. Fran had some fun wearing her lobster hat!

Prom 2017
Vanadious Woods Village
Bridgeville
June & Gerry Raubaugh were crowned King and Queen of the Vanadious Woods Village Prom. It was a delightful evening with live music, dancing and photographs.

Weatherwood Treasures
Weatherwood Manor
Greensburg
A treasure of gently used items was collected from residents, staff and family members of Weatherwood Manor for their annual Flea Market. Proceeds this year totaled $300 and were donated to UPMC Senior Communities Benevolent Care Fund.

Honoring a Hero
Sugar Creek Station
Franklin
Sugar Creek Station resident Harold Shaffer received the Ambassador for Peace medal during a special ceremony in Franklin. Thirty-Six Korean War Veterans received the award on June 13th from the Republic of Korea.
Create Your Legacy

Interested in helping UPMC Senior Communities Benevolent Care Fund grow and support those in need for years to come? A simple, flexible and versatile way to ensure that we can continue to help seniors age in place is a gift in your will or living trust, known as a charitable bequest.

A charitable bequest is one or two sentences in your will or living trust that leave to a designated charity a specific item, an amount of money, a gift contingent upon certain events or a percentage of your estate.

You can use the following assets to fund a bequest:

- Cash
- Appreciated Securities
- Tangible Personal Property
- Closely Held Stock

Benefits of Charitable Bequests

- Cost nothing during a donor’s lifetime
- Donor maintains control
- Ability to make a significant gift
- Can direct gift to particular purpose
- Creates a sense of legacy
- Shows a bond between donor and organization
- May offset estate tax

Next Steps

- Contact Debra Panei at 412-864-3524 or panei@upmc.edu for additional information on bequests or to talk more about the different options for including UPMC Senior Communities in your will or estate plan.
- Seek the advice of your financial or legal advisor.
- If you include UPMC Senior Communities in your plans, please use our legal name and Federal Tax ID.

Legal Name: UPMC Senior Communities
Address: 200 Lothrop Street, Pittsburgh, PA 15213
Federal Tax ID Number: 25-1574736

Donor Profile: Elaine Berkowitz, DMD

Dr. Elaine Berkowitz is one of those rare people who has spent a lifetime of giving back and has generously designated Canterbury Place, part of UPMC Senior Communities, in her will by way of a charitable bequest. “I have a great relationship with the residents, families, and staff at Canterbury Place and continue to practice dentistry there on an as-needed basis,” Berkowitz said. “I’m impressed with the high-quality care and the committed staff. Making the bequest allows me to know that I am helping to continue the excellent senior care at Canterbury Place.”

Recognized in 2016 as the “Caregiver Champion” by UPMC Senior Services, Berkowitz exudes graciousness and joviality, and is clearly energized by what she can do to help others. She recently travelled to Kuwait for the express purpose of cooking Passover Seders for troops stationed there.

“My parents were my inspiration,” Berkowitz explained. “They didn’t have a lot of money but they donated what they could and gave generously with their time to help charitable organizations.” Following in their path, Berkowitz can also include caregiver, advocate for seniors, and benefactor to her impressive and on-going legacy.

Our Champions

A special thank you to generous donors who have made charitable gifts between January 1 and June 30, 2017. These individuals and organizations have supported seniors in need by contributing to the Benevolent Care Fund, Interfaith Pastoral Care Fund, Life Enrichment Program, Living-at-Home Program and Legacy Loyalist Program.

TRIBUTE GIFTS

In Memory of Tom Alrutz
Chartiers Crossroads Church

In Memory of Mary Bonfield
Katina G. Tanner

In Memory of Anne Chapas
Katina G. Tanner

In Memory of Beatrice Connelly
Margaret J. McKenna

In Memory of Mary E. Dudek
Richard Sandor

UPMC Facilities, Engineering & Maintenance Staff

In Memory of Irma Elliott
Kirk Elliott

In Memory of Geraldine Forkovitch
Kimberly Tamburro

In Memory of Agnes Fox
Dr. and Mrs. James D. Harkins

Mr. and Mrs. Jack Hennon
Ruth E. McDonald

Mr. and Mrs. George R. Wochley
In Memory of William Gedman, Sr.

Gail Etter
Beatrice Jones

Carolyn and Margie Marks
In Memory of Edwin Goldbach
Michael F. Burke

Karen M. Goldbach
Relatives and Friends of the Goldbach Family

In Memory of Maggie Kimmel
Catherine Kimmel

In Memory of Mary Mazur
Dr. Regis R. Vollmer and Dr. Marian L. Vollmer

In Memory of Eileen McCartney
Donald Heilmann

Arlene M. Houston and Family
Mary J. Hurley

Mr. and Mrs. Lawrence J. Romans
Geraldine A. Shannon

Jodie R. Torkelson
In Memory of Lois O’Neil and Teresa M. Dunn
David F. Marek

Mr. and Mrs. Lynn Merholz
Richard O’Neil

Mr. and Mrs. Thomas E. Reiber
In Memory of Norma Owens
Sara Stout

In Memory of Larry Platt
GFWC Cranberry Women’s Club

In Memory of Greg Stipanovich
Jean E. Novak, Esquire

Caroline Testa
In Memory of Anna Grace Swosch
Sandra Lee Gilmore

In Memory of Daniel Swoger
Mr. and Mrs. Kenneth R. Bailey

In Memory of Dorothy Yerksoski
Mr. and Mrs. Butch Abraham

Barb Anderson
Mr. and Mrs. Bob Berger

Mr. and Mrs. Dennis Buday
Mr. and Mrs. Pat Carnevale

Mr. and Mrs. Dave Curry
Mr. and Mrs. Art Gath

Mr. and Mrs. George Gatto
Mr. and Mrs. Jason Honkus

Mr. and Mrs. Rick Mickelc
Mr. and Mrs. Doc Mueller

Mr. and Mrs. Craig Roach
Greg Schmieler

The Slimick Family
Mr. and Mrs. Larry Susc

Diane Wiles
Mr. and Mrs. Al Zigo

Colleen Kosky
The Law Family

Roxanne Morell, C.R.N.P.
Pamela Polino

Sanford L. Pollock
Elizabeth S. Porter, M.D.

Susan T. Saxon
The Tillery Family

In Memory of Dorothy Yerksoski
Mr. and Mrs. Butch Abraham

Barb Anderson
Mr. and Mrs. Bob Berger

Mr. and Mrs. Dennis Buday
Mr. and Mrs. Pat Carnevale

Mr. and Mrs. Dave Curry
Mr. and Mrs. Art Gath

Mr. and Mrs. George Gatto
Mr. and Mrs. Jason Honkus

Mr. and Mrs. Rick Mickelc
Mr. and Mrs. Doc Mueller

Mr. and Mrs. Craig Roach
Greg Schmieler

The Slimick Family
Mr. and Mrs. Larry Susc

Diane Wiles
Mr. and Mrs. Al Zigo

Colleen Kosky
The Law Family

Roxanne Morell, C.R.N.P.
Pamela Polino

Sanford L. Pollock
Elizabeth S. Porter, M.D.

Susan T. Saxon
The Tillery Family
LEGACY CHAMPIONS
Episcopal Diocese of Pittsburgh
David Henry Charitable Trust
Charles N. Morgan Charitable Trust
Miriam D. Moyer Trust
John K. Saxman Jr. Charitable Trust
Clara Shea Charitable Trust
Julia M. Singer Charitable Trust

BENEFACtor CIRCLE CHAMPIONS
Lamar Advertising
UPMC for Life

ADVOCate CIRCLE CHAMPIONS
Comcast Spotlight
KDKA-TV

GUARDIAN CIRCLE CHAMPIONS
Mr. and Mrs. Kenneth R. Balkey
Brian Catale and Associates
Catherine F. Kimmel
MBM Contracting, Inc.
Mr. and Mrs. Jeffrey A. Romoff
United Way of Allegheny County
Urbanowitz Jewelers

PARTNER CIRCLE CHAMPIONS
Mr. and Mrs. Donald Brodine
GFWC Cranberry Women’s Club
The Fine Foundation
Mr. and Mrs. John M. Matok
Northern Connection and Pittsburgh Fifty-Five Plus Magazines

MENTOR CIRCLE CHAMPIONS
Alzheimer’s Association
Asbury Heights
Mr. and Mrs. G. Nicholas Beckwith III
Easley & Rivers, Inc.
Franklin Interiors, Inc.
Friends of Weatherwood Manor
Image Associates, Inc.
Knepper Press
Lenzner Tour & Travel
Estate of Eileen McCractney
Presbyterian Senior Care
University of Pittsburgh Graduate School of Public Health
University of Pittsburgh School of Nursing
Dean E. Walters
Washington HealthSystem

FRIENDS CIRCLE CHAMPIONS
Stefan M. Ahlers
Elena Alvarez-Domin
Anonymous
Robert M. Arnold, M.D.
John G. Bechtold
Rachel R. Blank
Alison Bougher
Bridges Hospice, Inc.
Michael F. Burke
Nanci Case
Greta Ceranic
Charities Crossroads Church
Julie Cloten
Nello J. Contich
Kelly Covone-Henning
The Denning Family
Linda M. Devine
Mr. and Mrs. Ronald S. Dornin
Teresa M. Dunn
Kirk Elliott
Gail S. Ettor
Deborah A. Fiumara
James Foley
Friends of Dorothy Yankos
Friends of Vanadium Woods Village
Sandra Lee Gilmore
Give with Liberty
Karen M. Goldbach
Mr. and Mrs. Shawn Haag
Betty Jane Haldeman

Dr. and Mrs. James D. Harkins
Elaine Hatfield
Mr. and Mrs. John W. Havilla
Donald Hellmann
Mr. and Mrs. Jack Henn
Keith J. Hickman
Arlene M. Hauston and Family
Mary J. Hurley
Imagine Nation Books, LTD
JV Electronics
Patrick J. Kane
Kennedy, P.C. Law Offices
Colleen Kosky
Mary C. Linton
Raymond B. Lutz Jr.
Kristen Madden
Mary C. Linton
David F. Marek
Carolyn Marks
Ruth E. McDonald
McFeely’s Gourmet Chocolate LLC
Margaret J. McKenna
Mr. and Mrs. Jeffrey C. McKibben
Colleen M. McMahon
Mr. and Mrs. Lynn Merholz
Kathy B. Miller

Dr. and Mrs. William J. Nemeth Jr.
Jean E. Novak, Esquire
Sandra M. O’Donnell
Michelle M. Olive
Richard O’Neil
Michelle Ott
Debra Panei
Mr. and Mrs. Keirston Parham
Pamela Polino
Sanford L. Pollock
Elizabeth S. Porter, M.D.
Mr. and Mrs. Thomas E. Reber
Relatives and Friends of the Goldbach Family
Janice Gillingham Rempel
Stacy L. Reynolds
Martha Rivera
Mr. and Mrs. Lawrence J. Romans
Susan T. Saxon
William A. Schimitt
Carl Schartner
Cheryl M. Sciullo
Karen L. Shaffer-Platt
Richard Sandor

Roxanne Morell, C.R.N.P.
Mr. and Mrs. William J. Nemeth Jr.
Jean E. Novak, Esquire
Sandra M. O’Donnell
Michelle M. Olive
Richard O’Neil
Michelle Ott
Debra Panei
Mr. and Mrs. Keirston Parham
Pamela Polino
Sanford L. Pollock
Elizabeth S. Porter, M.D.
Mr. and Mrs. Thomas E. Reber
Relatives and Friends of the Goldbach Family
Janice Gillingham Rempel
Stacy L. Reynolds
Martha Rivera
Mr. and Mrs. Lawrence J. Romans
Susan T. Saxon
William A. Schimitt
Carl Schartner
Cheryl M. Sciullo
Karen L. Shaffer-Platt
Richard Sandor

Omissions or errors - We are grateful for the ongoing support given by our contributors and make every effort to report giving information accurately. If you discover an error or omission, please accept our sincere apology and contact Debra Panei, Director of Development, at 412-864-3524 or paneid@upmc.edu.

Need help finding community resources for seniors or caregivers?
Call the Aging Institute of UPMC Senior Services and the University of Pittsburgh free referral line at 1-866-430-8742 or visit Aging.UPMC.com.
If you wish to have your name removed from the mailing lists related to future newsletters or fundraising materials supporting UPMC Senior Communities, please send a request to paneid@upmc.edu, write to UPMC Senior Communities, Director of Development, 200 Lothrop St, Forbes Tower, Suite 10055, Pittsburgh, PA, 15213, or call 412-864-3524.

### FREE MATINEE MOVIES
Seniors enjoy a variety of free matinee movies every **every Monday at 2 p.m. and 7 p.m. for select movies.** No reservations required — first come, first seated. Call **412-635-8080** for general information or weather cancellations. Visit [TheLegacyLineup.com](http://TheLegacyLineup.com) for a complete listing.

<table>
<thead>
<tr>
<th>Movie Title</th>
<th>Year, Duration</th>
<th>Date 1, Time 1</th>
<th>Date 2, Time 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beauty and the Beast</td>
<td>(PG, 129 min., 2017)</td>
<td>Monday, 2 p.m. and 7 p.m. November 6, 2017</td>
<td></td>
</tr>
<tr>
<td>The Zookeeper's Wife</td>
<td>(PG-13, 127 min., 2017)</td>
<td>Monday, 2 p.m. October 23, 2017</td>
<td></td>
</tr>
<tr>
<td>Beetlejuice</td>
<td>(PG, 92 min, 1988)</td>
<td>Monday, 2 p.m. October 30, 2017</td>
<td></td>
</tr>
<tr>
<td>King Arthur: Legend of the Sword</td>
<td>(PG-13, 126 min., 2017)</td>
<td>Monday, 2 p.m. November 13, 2017</td>
<td></td>
</tr>
<tr>
<td>The Big Sick</td>
<td>(R, 119 min., 2017)</td>
<td><strong>TWO SHOWTIMES!</strong> Monday, 2 p.m. and 7 p.m. November 6, 2017</td>
<td></td>
</tr>
<tr>
<td>Love Actually</td>
<td>(R, 135 min., 2003)</td>
<td>Monday, 2 p.m. December 18, 2017</td>
<td></td>
</tr>
<tr>
<td>NO MOVIE</td>
<td></td>
<td><strong>CHRISTMAS HOLIDAY</strong> DECEMBER 25, 2017</td>
<td></td>
</tr>
<tr>
<td>The Promise</td>
<td>(PG-13, 130 min., 2017)</td>
<td>Monday, 2 p.m. January 8, 2018</td>
<td></td>
</tr>
<tr>
<td>The Demon on Brownsville Road</td>
<td>(PG-13, 107 min., 2017)</td>
<td>Monday, 2 p.m. January 22, 2018</td>
<td></td>
</tr>
</tbody>
</table>

### FREE EDUCATIONAL SEMINARS
Seminars are **every other Tuesday at 11 a.m.** RSVP at **412-635-8080** or for weather cancellations. Visit [TheLegacyLineup.com](http://TheLegacyLineup.com) for a complete listing.

<table>
<thead>
<tr>
<th>Seminar Title</th>
<th>Date, Time</th>
<th>Presenter</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gridiron &amp; Steel</td>
<td>Tuesday, October 17, 2017, 11:00 a.m.</td>
<td>Speaker: Jeff Sewald, producer, writer and director</td>
</tr>
<tr>
<td>The Demon on Brownsville Road</td>
<td>Tuesday, October 31, 2017, 11:00 a.m.</td>
<td>Speaker: Robert “Bob” W. Cranmer, businessman, author and former Republican County Commissioner</td>
</tr>
<tr>
<td>Maps Matter! How Gerrymandering Affects Our Elections</td>
<td>Tuesday, November 14, 2017, 11:00 a.m.</td>
<td>Speaker: Suzanne Broughton, former president of the League of Women Voters of Greater Pittsburgh and a former member of the board of the League of Women Voters of Pennsylvania</td>
</tr>
<tr>
<td>Lieutenant General Ulysses S. Grant</td>
<td>Tuesday, November 28, 2017, 11:00 a.m.</td>
<td>Presenter: Kenneth J. Sefrass, Gunnery Sgt. USMC, retired</td>
</tr>
<tr>
<td>Here, There and Far Away</td>
<td>Tuesday, December 12, 2017, 11:00 a.m.</td>
<td>Speaker: Lois Porter, retired educator and Lenzner tour director</td>
</tr>
<tr>
<td>No Seminars</td>
<td>Tuesday, December 26, 2017 or Tuesday, January 9, 2018</td>
<td></td>
</tr>
<tr>
<td>AND STARRING...Wait???? What!!!!!</td>
<td>Tuesday, January 23, 11:00 a.m.</td>
<td>Speaker: Tom Madden, Asylum Entertainment Director and Filmmaker</td>
</tr>
</tbody>
</table>