

UPMC SHADYSIDE CARING FOR THE COMMUNITY

UPMC Shadyside delivers patient-centered, innovative care to residents living in many of Pittsburgh's East End communities. Part of UPMC Presbyterian Shadyside, the hospital supports the economic vitality of the region through research and education efforts, and anchors many revitalization efforts throughout the East End.

UPMC Shadyside has been a catalyst for more than \$500 million in development throughout Pittsburgh's Centre Avenue and Baum Boulevard corridor.



VITAL STATISTICS	
FISCAL YEAR 2014	
Licensed Beds	520
Hospital Patients	30,552
Emergency Dept. Visits	47,184
Total Surgeries	19,286
Affiliated Physicians	2,751*

*(Combined with UPMC Presbyterian)

JOBS AND STRENGTHENING THE LOCAL ECONOMY	
UPMC Shadyside Employees:	2,948
Community Benefits Contribution:	\$262.9 million*
Free and Reduced Cost Care:	\$119.1 million*
Total Economic Impact Of Hospital Operations	\$4.7 billion*

*(Combined with UPMC Presbyterian)

Care Built on Excellence

- UPMC Shadyside provides nationally recognized, high-quality comprehensive cardiac care. The hospital received top ratings from the Society of Thoracic Surgeons in 2013.
- UPMC Shadyside has held the prestigious American Nurses Credentialing Center Magnet® Recognition since 2010, in recognition of its outstanding nursing care.

An Economic Anchor to East End Communities

- UPMC Shadyside is home to the Hillman Cancer Center, the flagship treatment and research facility of UPMC CancerCenter, and a key collaborator with the world-renowned University of Pittsburgh Cancer Institute. Each year, the center treats more than 25,000 new patients and attracts more than \$40 million of outside annual research funding.
- UPMC Shadyside School of Nursing, recognized as a Center of Excellence in Nursing Education by the National League for Nursing, has graduated more than 4,000 nurses since its inception. This past year, 81 percent of its graduates were hired by UPMC.

Providing Convenient Access to Care for the Community

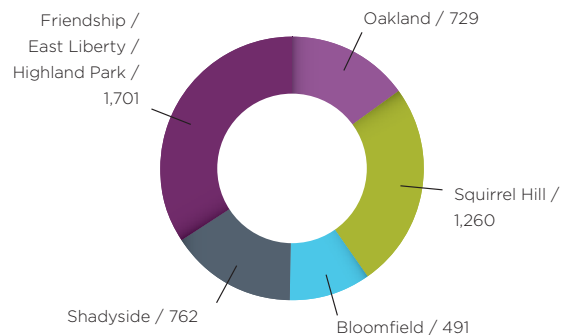
- UPMC Shadyside Family Health Center delivers comprehensive primary and preventive care to the whole family. UPMC Urgent Care center located across the street from UPMC Shadyside helps expand neighborhood access to quality health care.

Delivering Compassionate Care to Seniors

UPMC Senior Care Shadyside provides a wide range of services tailored to seniors including:

- Primary Care
- Health Education
- Counseling
- Psychotherapy

Close to 5,000 UPMC employees reside in Pittsburgh's Oakland and East End neighborhoods



CREATING A HEALTHIER COMMUNITY

Helping Prevent and Manage Cancer

- UPMC Shadyside works with local community organizations, such as the Salvation Army of the Greater Pittsburgh Area and the Birmingham Free Clinic, to promote cancer prevention and education among hard-to-reach and at-risk populations.
- The hospital has launched the “Integrative Wellness Fair and Lecture Series” that promotes the wellbeing of individuals living with cancer. Program activities include yoga demonstrations, healthy eating classes, and tools to help with caregiver stress, anxiety/ depression, and fatigue.

Promoting Healthy Hearts Throughout the Community

- Through the COACH (Community Outreach and Cardiovascular Health) Program, the hospital — along with UPMC Presbyterian — provided more than 3,700 blood pressure and cholesterol screenings throughout the community, including in churches and schools in East Liberty and Squirrel Hill.

UPMC Shadyside provides free blood pressure screenings and stroke prevention education at community events, including Bloomfield’s “Little Italy Days” and the African-American Heritage Parade.



UPMC Shadyside offers heart health education and supervised exercise programs to cardiac rehabilitation patients. There were more than 22,000 patient visits in 2013.



“UPMC Shadyside is a leader in Pittsburgh’s East End, and an important supporter of our neighborhood’s redevelopment initiatives.”

RICHARD RATTNER
PRESIDENT
SHADYSIDE CHAMBER OF COMMERCE

LISTENING TO THE COMMUNITY AND ADDRESSING ITS NEEDS:

POST-DISCHARGE
COORDINATION
AND FOLLOW-UP

PREVENTIVE
HEALTH AND
WELLNESS

In 2013, UPMC Presbyterian Shadyside conducted a Community Health Needs Assessment which brought together community leaders and public health experts to discuss and identify local health needs. The assessment showed that **post-discharge coordination and follow-up** and **preventive health and wellness** are important health topics for UPMC Shadyside to focus on over the next three years.