

WESTERN PSYCHIATRIC INSTITUTE AND CLINIC OF UPMC

SPECIALIZED CARE FOR THE REGION

Western Psychiatric Institute and Clinic of UPMC provides behavioral health care to individuals and families throughout western Pennsylvania. Ranked among the nation's top 10 psychiatric providers by *U.S. News & World Report*, it is the flagship of UPMC's Behavioral Health Network.

Western Psychiatric conducts groundbreaking research, provides psychiatric services and addiction medicine, and trains the next generation of behavioral health care professionals.



VITAL STATISTICS

FISCAL YEAR 2014

Licensed Beds	310
Hospital Patients	5,799
Outpatient Visits	378,667
Emergency Dept. Visits	12,037
Affiliated Psychiatrists and Psychologists	More than 200

JOBS AND STRENGTHENING THE LOCAL ECONOMY

Community Benefits Contribution:	\$40.4 million
Free and Reduced Cost Care:	\$10.7 million
Western Psychiatric Institute and Clinic Employees:	2,270

The Hub of Quality Care for Mental Health and Addiction Issues

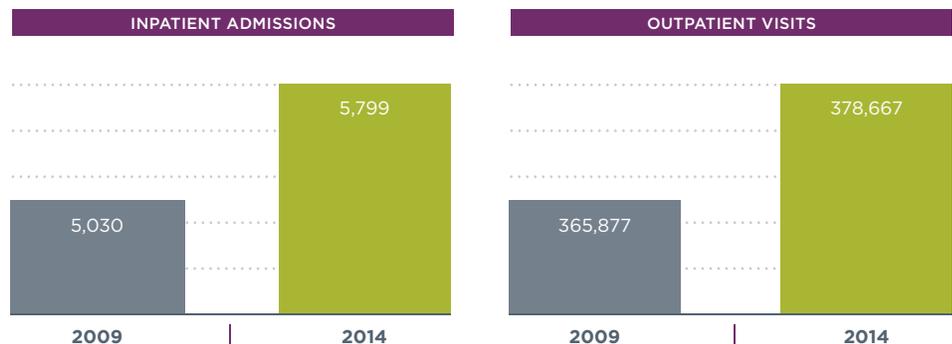
- The 446-bed UPMC Behavioral Health Network, anchored by Western Psychiatric, includes:
 - Inpatient services at Western Psychiatric, UPMC Altoona, UPMC Mercy, UPMC McKeesport, and UPMC Northwest.
 - Over 50 community-based outpatient programs throughout the region account for more than 375,000 visits annually.
- Western Psychiatric's partnership with Community Care Behavioral Health Organization, part of UPMC Health Plan, allows for early identification of psychiatric and addiction conditions.
- Through its telepsychiatry program, Western Psychiatric is an active outpatient care provider in rural parts of western Pennsylvania. More than 4,000 virtual visits are provided annually.
- Behavioral Health Consultation and Liaison Services are provided to a variety of regional hospitals and community organizations, as well as all UPMC hospitals.



With research funding from the NIH and other external organizations

totaling \$77 million this year, Western Psychiatric is number one in behavioral health research funding that supports ground-breaking research.

Western Psychiatric continues to expand its services to meet community needs.



CREATING A HEALTHIER COMMUNITY

Specialized Services for Those in Need throughout Western Pennsylvania

- The Geriatric In-Home Support Program helps frail seniors with chronic psychiatric and medical issues remain in their homes.
- The Drug and Alcohol Engagement Center at re:solve Crisis Network assists county residents in crisis, and helps connect them with resources for treatment and support.

Serving as an Advocate in Behavioral Health Care

- This year, the hospital partnered with People's Oakland to sponsor a mental health forum designed to help increase understanding about mental health and addiction.
- UPMC works closely with Pennsylvania's Office of Mental Health and Substance Abuse Services to transform the way services are delivered to youth with complex mental health needs.

Working to Improve Access to Behavioral Health Services

- The hospital provides housing to 100 homeless individuals and families, with support from federal grants.
- UPMC's award-winning program, A Strategy to End Homelessness, covers housing costs for individuals with severe mental illness living in Allegheny County.

Western Psychiatric collaborates with a wide range of community partners to identify, develop, and implement new ways to overcome the stigma surrounding behavioral health services.



Western Psychiatric locates behavioral health specialists in pediatric, primary and specialty care offices to see patients and families and identify and treat conditions early.



“Western Psychiatric is the hub of behavioral health care in western Pennsylvania. Its wide range of programs for psychiatric and addiction issues provide a firm foundation of services throughout our community.”

LARRY E. DAVIS

MA, MSW, PHD

DEAN, SCHOOL OF SOCIAL WORK

DONALD M. HENDERSON PROFESSOR

DIRECTOR, CENTER ON RACE AND SOCIAL PROBLEMS

UNIVERSITY OF PITTSBURGH

LISTENING TO THE COMMUNITY AND ADDRESSING ITS NEEDS:

BEHAVIORAL HEALTH

In 2013, UPMC Presbyterian-Shadyside conducted a Community Health Needs Assessment which brought together community leaders and public health experts to identify and discuss local health needs. **Behavioral health** was identified as an important topic, which UPMC will continue to focus on over the next three years.