

# MAGEE-WOMENS HOSPITAL OF UPMC

## IN YOUR COMMUNITY

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### MAGEE-WOMENS HOSPITAL OF UPMC VITAL STATISTICS FISCAL YEAR 2010

#### Operations:

Licensed beds: 310

Admissions and observations: 23,404

Emergency Department visits: 18,533

Babies born: 9,944

Total surgeries: 17,226

Affiliated physicians: 1,229

#### Free and Reduced-Cost Care:

Charity care and shortfalls in government programs for the poor: \$10.9 million

#### Employment and Economic Impact:

Hospital employment: 2,469

Economic impact of hospital: \$788.7 million

Magee-Womens Hospital of UPMC is a full-service women's hospital that provides care to both women and men. The hospital offers an array of services, ranging from orthopaedics and minimally invasive abdominal surgery to thoracic surgery and emergency care. Since opening its doors 100 years ago in Pittsburgh's Oakland neighborhood, more than 500,000 babies have been born at Magee-Womens.

### LEADING THE WAY IN WOMEN'S HEALTH

Magee-Womens has built its exceptional reputation by providing a wide spectrum of health care services. The hospital's Department of Obstetrics, Gynecology and Reproductive Sciences ranks among the nation's top in funding from the National Institutes of Health, and the Magee-Womens Research Institute is a nationally and internationally recognized center for women's health study. Clinical accomplishments for this year included:

- Treating more than 1,500 seriously or critically ill babies in the Neonatal Intensive Care Unit (NICU), the largest unit of its kind in Pennsylvania and one of the largest in the country.
- Ranking sixth in gynecologic care in this year's annual *U.S. News & World Report* Honor Roll of America's Best Hospitals.
- Performing close to 1,000 surgical treatments for morbid obesity and being named an American Society for Bariatric Surgery Center of Excellence.

### ESTABLISHING AN ENVIRONMENT OF RESPONSIBILITY

Magee-Womens has implemented a wide variety of award-winning environmental health initiatives, including:

- Elimination of plastics containing potentially harmful chemicals, as well as use of natural soaps and growth-hormone-free milk in the Neonatal Intensive Care Unit.

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### GETTING OFF TO A GREAT START

Nearly 10,000 babies — which equals more than half of all children delivered in Allegheny County — came into the world at Magee-Womens. Their welcome, however, began shortly after their mothers discovered they were expecting. Throughout their pregnancies, UPMC doctors, nurses, and other clinicians provided mothers-to-be with a wealth of information on nutrition, exercise, and safety during pregnancy, as well as classes on childbirth and parenting. After birth, the medical team continues to work closely with the new moms to ensure each baby has a happy and healthy start to life.

- *It Is Easy Being Green* sessions, which introduce new moms and dads to “green” parenting concepts.
- Cultivation of three on-site gardens — in collaboration with Phipps Conservatory and Carlow College — that provide the fresh fruits and vegetable used in nutrition courses for new mothers.

## STEPPING UP TO SUPPORT CHANGE

Magee-Womens is an active participant in local and national educational initiatives that support improved community health and important medical research. In Fiscal Year 2010, the hospital’s support included:

- Providing infant and child CPR training to parent groups through the Family Foundations Early Head Start Program, which helps to ensure healthy development and growth of at-risk small children.
- Conducting health education classes as part of the Pittsburgh Public Schools ELECT program, which offers support, guidance, resources, and education to pregnant and parenting teen moms and dads.
- Participating in the Arsenal Family Health Center pregnancy prevention program, offered to girls attending high school in Clairton, Pennsylvania.
- Major sponsorship for the Susan G. Komen Race for the Cure®, and the National Ovarian Cancer Coalition Walk to Break the Silence.

## SUPPORTING HEALTHIER COMMUNITIES THROUGHOUT WESTERN PENNSYLVANIA

The reach of Magee-Womens extends across western Pennsylvania through specific ties with UPMC’s network of hospitals, as well as with a wide range of local UPMC health care providers, clinics, and community outreach organizations.

In Pittsburgh’s North Hills, Magee-Womens now offers the most advanced surgical and oncologic care for women at the UPMC Passavant pavilion. At UPMC St. Margaret in Aspinwall, UPMC providers offer cutting-edge women’s imaging services in a community setting. At UPMC Northwest, Magee-Womens is establishing an extensive network of physicians to address the health care needs of women living in Venango County. And at UPMC Horizon, Magee-Womens maintains a comprehensive presence that includes a Breast Center, reproductive endocrinology services, and maternity care. Additional outreach efforts included:

- Providing community-based educational programming through Healthy Community, a program affiliated with the Outpatient Clinic at Magee-Womens.
- Continued support of the Dan Berger Cord Blood Program, which has collected more than 1,300 donations of valuable umbilical cord blood since the program’s inception in 2007. Cord blood is rich in stem cells, and can be used for blood and bone marrow transplants to treat and potentially cure more than 40 diseases.
- Ongoing development of the Center for Women with Disabilities at Magee-Womens Hospital of UPMC, which removes barriers, enhances service access, and makes women’s health care procedures and routine exams more comfortable for women with disabilities.



## FUELING THE POWER OF CHANGE

Breaking the bond of addiction is a trying and difficult experience. Fortunately, women from all walks of life in Allegheny County and surrounding areas can turn to the Pennsylvania Organization for Women in Early Recovery (POWER) for help in reclaiming their lives from addiction to alcohol and drugs. Magee-Womens Hospital of UPMC maintains a key relationship with POWER, and helps their clients get the vital health care information they need to transition back to more productive and fulfilling lives.

“Magee-Womens ... sends a clinical educator to present monthly education sessions at our residential facility in Swissvale,” commented Carol Haley-Smith, Halfway House Manager at POWER. “The sessions provide excellent information on stress management, sexual health, and healthy lifestyles for women — all topics our residents typically confront on their path to recovery.”

Since POWER began working with Magee and the Healthy Communities Program in 2008, more than 600 women have attended the sessions. According to Darlene Bivins, POWER’s Resource Coordinator, “The Healthy Communities program really demonstrates that Magee is more just a place to have your baby. The hospital is really interested in helping the women of our community overcome their obstacles in order to have healthy and satisfying futures.”