

UPMC CommandCast

Episode 8: Stop the Bleed

INSTRUCTIONS:

Pennsylvania certified prehospital providers are eligible to receive continuing education hours by listening to the UPMC CommandCast and completing the associated quiz for each episode. The completed quiz must be submitted to UPMC Prehospital Care for the continuing education hours to be awarded. The quiz may be submitted via email by saving the PDF file to your computer and then sending it via email to commandcast@upmc.edu. The quiz may also be submitted in hard copy via fax or mail to,

Attention: UPMC CommandCast
UPMC Prehospital Care
Forbes Tower, Suite 10018
200 Lothrop Street
Pittsburgh, PA 15213

Fax: (412) 647-1111

Pennsylvania certified prehospital providers earn 0.5 hours of core continuing education at all levels for this episode.

PROVIDER INFORMATION:

Date:

Name:

Address:

City:

State:

Zip:

Date of Birth:

Certification Level: FR EMT-B AEMT Paramedic PHRN PHPE PHP

PA Certification Number:

UPMC CommandCast

Episode 8: Stop the Bleed

PENNSYLVANIA CONTINUING EDUCATION QUIZ

- Findings from a review of Pennsylvania trauma data found that 50% of patient deaths secondary to bleeding from penetrating trauma occurred within _____ minutes.
 - 37
 - 43
 - 55
 - 88
- Situational and physical exam findings indicative of internal hemorrhage include _____.
 - Tachycardia
 - Hypotension
 - High energy or penetrating mechanisms
 - All of the above
- Scene interventions for a victim of high energy blunt trauma with poor physiology may include all of the following **except** _____.
 - Extremity immobilization
 - Advanced airway management
 - Control of external hemorrhage
 - Ventilatory support with a bag-valve mask
- Early wound care may include _____.
 - Wound packing and direct pressure
 - Hemostatic agents
 - Tourniquet application
 - All of the above
- The _____ Campaign, sponsored by the White House and Department of Homeland Security, with endorsement from the ACS and ACEP, aims to promote lay rescuer engagement in early hemorrhage control.
 - Save a Life
 - Community Aware
 - Stop the Bleed
 - Healthy People 2020