Welcome to UPMC Horizon. This guide has been prepared to acquaint you with the services and facilities in our surgical and ambulatory areas, which are located on the hospital’s second floor. If you need assistance, don’t hesitate to ask the lounge volunteer, who will act as your liaison during your family member’s or friend’s procedure. The volunteer is available to help make your time here easier.

The ambulatory family lounge is located on the east side of the hospital across from the Same Day Surgery registration desk. This waiting area is for families and friends of patients having endoscopy or cystoscopy procedures. When you enter the lounge, please sign in and register with the volunteer. If you must leave the lounge at any time, please let the volunteer know where you can be reached. In the event that no volunteer is on duty, and the phone in the lounge rings, please feel free to answer it.

After the Procedure
The surgeon will speak with visitors following the patient’s surgery. Length of recovery time varies greatly depending on the type of procedure and the anesthesia administered. If your family member or friend has had an endoscopy or cystoscopy, you will be directed to a special consult room to speak with the physician.

Outpatients
Patients who are going home the same day of surgery generally spend at least one to one and a half hours in the recovery area. The volunteer will receive a call from the surgery nurse to advise you when the patient may be seen.

Inpatients
Patients being admitted to the hospital after surgery will spend at least one to one and a half hours in the recovery area before going to their assigned hospital rooms. The volunteer will provide visitors with the patient’s assigned room number as soon as it is available and provide directions to the room.

General Information
- Complimentary coffee and tea are provided in the lounges.
- The hospital cafeteria is located on the first floor. From Elevator A, turn left and proceed to the end of the hall. From Elevator D, turn right. Cafeteria menus are available in the lounges.
  - Cafeteria hours:
    - Breakfast – 7 to 9:30 a.m.
    - Lunch – 11 a.m. to 1:30 p.m.
    - Dinner – 5 to 7 p.m.
- The Sunny Horizons Gift Shop is located on the first floor near the main hospital entrance. Hours are 9:30 a.m. to 8 p.m. Monday through Saturday and 1 to 5 p.m. on Sunday. The shop features a lunch counter as well as a selection of newspapers, magazines, candy, snacks, and gift items. Menus are available in the lounges.

Vending Machines and Restrooms
Vending machines and restrooms are located adjacent to the Surgery Family Lounge.

Visiting Hours
Visiting hours are from noon to 8 p.m. daily.

Chapel
The hospital chapel is located on the first floor near the Outpatient Center.

Thank you for choosing UPMC Horizon. We hope that your experience will be as comfortable as possible. Please let the lounge volunteer know if there is anything we can do for you.