



Protect Yourself from the Flu

Free Flu Shots and Screenings for Seniors

UPMC St. Margaret is offering free flu vaccinations to area residents age 65 and older and for individuals with chronic health conditions like asthma, diabetes, or heart and lung disease. Children under the age of 18 will not be vaccinated at this clinic.

If you are allergic to eggs or chicken, or have ever had an allergic reaction to a flu shot in the past, please consult with your doctor before receiving the vaccination.

Additional **FREE** Screenings:

- Cholesterol (includes LDL, HDL, triglycerides)*
- Blood Sugar
- Bone Density

*9-hour fast recommended for cholesterol screening

Saturday, October 7
8 to 11 a.m.

UPMC St. Margaret
815 Freeport Road
Pittsburgh, PA 15215
Neil Y. Van Horn Pavilion
(Near Hospital Entrance A)

No appointment necessary. Parking will be validated. Light refreshments will be provided.

Call **412-784-5163** for more information.

UPMC St. Margaret

