



Pathways to Excellence



Message from the Chief Nurse Executive

As our nation celebrates Presidents Day, we thought we would pause and recognize the nursing leaders who serve as presidents of our many esteemed professional health care organizations. In this issue of *Pathways to Excellence*, you will be introduced to these presidents and the organizations they represent. Similar to our discussion in the last issue about nurses having a commitment to community, the ANCC Magnet Recognition Program® promotes a commitment to our profession, which one example may be demonstrated by nurses' active participation within a professional organization. I encourage you to consider the broad spectrum of issues related to our nursing profession and determine what is important to you and your development as a nurse as well as personal involvement and contributions as

an individual. Based upon your areas of individual interest, you may find engagement in a professional nursing organization as a means to connect to other nurses with similar interests. If you are not currently involved in a professional organization, I recommend you take the first step and explore the many local, regional, and national professional nursing organizations that are available to you. The benefits of membership are great; to you as an individual looking to further develop your nursing practice; to your colleagues with whom you can share best practices learned from the organization; and ultimately to your patients knowing you are providing expert, quality-driven, and patient-focused care.

Holly L. Lorenz, MSN, RN
Chief Nurse Executive, UPMC

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UPMC Nursing Vision

UPMC Nursing will create the best patient experience, nationally and internationally, through the selection, development, retention, and reward of the highest-performing nurses, while creating systems and programs that create consistency and excellence in patient care.

Maribeth McLaughlin Serving as President of Council of Women's and Infant's Specialty Hospitals



Maribeth McLaughlin, RN, BSN, MPM, chief nursing officer and vice president of Patient Care Services, Magee-Womens Hospital of UPMC, is the current president of the Council of Women's and Infant's Specialty Hospitals (CWISH). CWISH is a membership organization of not-for-profit hospitals that are identifiable women's

hospitals, with most of their activity focused on women's and infants' services. Member hospitals must deliver at least 5,000 infants annually. Collectively, CWISH represents more than 120,000 births annually. The 13 CWISH member hospitals include large perinatal hospitals with wide geographic diversity, and most are among the top 20 ranking hospitals in the country for birth volumes.

The purpose of CWISH is to facilitate excellence in providing health care services to women and infants nationally through collaboration and information sharing about programs, practices, and national policy. The council began in 1991 as a group of non-competing hospitals that were members of the National Perinatal Information Center/Quality Analytic Services (NPIC/QAS) and were interested in sharing financial and operational data.

The goal of sharing this information is to help each organization better serve their patients by benefitting from the collective strengths of all the CWISH member hospitals. Another objective of CWISH is to participate in and positively influence the federal legislative and regulatory process. CWISH maintains an active and visible presence in Washington, D.C., and has established itself as a respected voice in the federal health policy arena. Member hospitals frequently voice their concerns and opinions about legislative matters that affect women and infants.

Because CWISH hospitals represent years of experience in high volume obstetrical and high risk neonatal care, their opinions are highly respected by their state and national elected officials and national organizations. CWISH hospitals also share aggregate clinical data and provide excellent benchmarking opportunities for member hospitals, which all have a very unique, high volume, obstetric, gynecologic, and neonatal population.

CWISH meets annually and member hospitals provide the entire program. Topics include new services and programs developed

or initiated in the previous year, cost saving initiatives, quality improvement activities, and new opportunities for revenue.

During the year, several committees are active, including the Mother and Baby, NICU, Financial/FY Statistics, OB Quality Indicators, and Executive. These committees have representation from each member hospital and hold regular conference calls and webinars to discuss problems common to member hospitals, along with policies and procedures related to perinatal care. ■



APHON Serves Unique Role for Pediatric Oncology Nurses

By Natalie Cercone, BSN, RN, CPHON
*Children's Hospital of Pittsburgh of UPMC
President, The Greater Pittsburgh Three Rivers Chapter of APHON*



The Association of Pediatric Hematology Oncology Nurses, APHON, was born in the early 70s out of a need for nurses to share practice problems, successes, and knowledge about the unique role of the pediatric nurse. Pediatric oncology was just beginning to be recognized as a specialty, and nurses wanted and needed to know how other centers were

managing care issues. They began to network with each other at pediatric conferences as a sub specialty. It was not long before they recognized the need for their own professional association dedicated to the care of children with cancer.

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The core purpose of APHON is to support and advance nurses and their practice in order to optimize outcomes for children, adolescents, and young adults with cancer and blood disorders, and their families. This is exactly what our local chapter strives to do.



The Greater Pittsburgh Three Rivers Chapter of APHON encourages nurses to get involved locally and nationally to achieve their personal best, which maximizes the benefits at the bedside for all patients and families. The local chapter hosts an average of four local meetings a year where an educational topic is presented. This opportunity allows the nurses to stay up-to-date on new evidence-based practices in the world of oncology and hematology. In addition to local participation, nurses from Children's Hospital of Pittsburgh of UPMC travel to the annual national conference to represent our institution and network with members across the country. Children's Hospital nurses also fully participate at the national level through presentation of posters and projects that contribute to the innovation and excellence of nursing.

In October 2012, Pittsburgh had the honor of hosting the 36th Annual Conference and Exhibit at the David L. Lawrence Convention Center. Collaboration between the national and local chapters organized a hospital tour that showcased Children's Hospital's new facility and left a memorable impression. Following the tour, guests were welcomed into the Eat'n Park Atrium to enjoy appetizers, beverages, and network with peers. It was a great honor for Children's Hospital and the Greater Pittsburgh Three Rivers Chapter of APHON to host this event in our hometown. ■

Susan Hoolahan Assumes Post as President of Pennsylvania Organization of Nurse Leaders



As of Jan. 1, 2014, Susan Hoolahan, RN, MSN, NEA-BC, chief nursing officer and vice president, Patient Care Services, UPMC Passavant, assumed her post as the president of the Pennsylvania Organization of Nurse Leaders (PONL). Ms. Hoolahan will serve in this capacity for one year, after serving for one year as the president-elect.

Her term will be followed by a year on the Board of Directors, serving in the past president role.

PONL is a nonprofit, professional membership organization that promotes excellence in the practice of nursing leadership. PONL is comprised of a state and regional structure. Membership is open to nurse leaders or aspiring leaders who hold or seek to hold a role in leadership or management. These nurses must be accountable for strategic and operational patient care outcomes in settings where health care is delivered; faculty in nursing programs; consultants in nursing regulatory or accrediting health care organizations; editors of nursing journals; and persons working in nursing professional organizations.

"I was honored to be elected by such a distinguished group of more than 400 nurses in various disciplines throughout the state," says Ms. Hoolahan. "Our goals are to put into place a new mission for the organization and develop a three-year strategic plan with representatives from all regions."

With the organization's core business of education, advocacy, and leadership, the PONL strives to advance contemporary nurse leadership in shaping healthy communities. This includes a focus on building an engaged membership, creating opportunities for partnership and voice, enhancing nurse leader development, and achieving fiscal stability.

Prior to her role in the PONL, Ms. Hoolahan was the president of the Southwestern Pennsylvania Organization of Nursing Leaders (SWPONL), the organization for nursing leaders in our region. She continues to serve on the board of SWPONL with her peers, including Patricia Giampa, senior director, Care, Quality, and Safety Management at Children's Hospital, the current president of SWPONL; and Sandra Rader, chief nursing officer and vice president, Patient Care Services, UPMC Shadyside, currently the president-elect.

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“As nursing leaders, from the bedside to the boardroom at UPMC we are encouraged to be involved in our professional nursing organizations,” says Ms. Hoolahan. “The opportunities are invaluable — it allows us to be the voice of nurses in legislative and government matters, offers opportunities for continuing education, provides contemporary learning in our specialties, and encourages networking with other nursing professionals.”

For more information on the PONL, visit <http://www.ponl.net/>. For more information on nursing professional organizations, visit <http://infont2.upmc.com/OurOrganization/HCD/Hospitals/Mercy/PatientCareResources/Pages/Nursing%20Education/Nursing-Organizations.aspx> ■

Lamaze International Continues Its Mission to Promote Safe and Healthy Childbirth

By Michele Ondeck, RN, MEd, IBCLC, LCCE
 Magee-Womens Hospital of UPMC
 President, Lamaze International



I proudly represent Lamaze International Inc. as president of the Board of Directors. Lamaze is often thought of as synonymous with childbirth education, an honor that is truly deserved. Lamaze not only is the most respected childbirth education certification (LCCE, Lamaze Certified Childbirth Educator), it is the only childbirth education program that is accredited by the National Commission for Certifying Agencies (NCCA) and an American Nurses Credentialing Commission (ANCC) accredited provider. These accreditations and our peer reviewed *Journal of Perinatal Education* demonstrate our commitment to high standards.

Founded in 1960, Lamaze is a not-for-profit organization whose mission is to “promote, support, and protect natural, safe, and healthy birth through education and advocacy through the dedicated efforts of professional childbirth educators, providers, and parents.”

Today, childbirth educators teach our Safe and Healthy Birth Practices:

- Healthy Birth Practice 1: Let labor begin on its own.
- Healthy Birth Practice 2: Walk, move around, and change positions throughout labor.



- Healthy Birth Practice 3: Bring a loved one, friend, or doula for continuous support.
- Healthy Birth Practice 4: Avoid interventions that are not medically necessary.
- Healthy Birth Practice 5: Avoid giving birth on your back and follow your body’s urges to push.
- Healthy Birth Practice 6: Keep mother and baby together — It’s best for mother, baby, and breastfeeding.

These simple, evidence-based practices help keep labor safe while promoting a women’s confidence in her ability to give birth naturally. Lamaze assists childbirth educators by providing many resources on its website.

One of the accomplishments of Lamaze that I am most proud of is our engagement of professionals online. Join our worldwide community of birth advocacy with Science & Sensibility Blog: a research blog about pregnancy, birth, and beyond; Facebook for Childbirth Educators: the most used social network worldwide; and Twitter for Childbirth Educators: know about the latest birth news, information, and events.

Also, I encourage you to share with childbearing families and others Lamaze’s Push for Your Baby, a video featuring parents and other professionals with the goal to help parents prepare for one of the most important days of their life — baby’s birthday, and the Giving Birth with Confidence Blog, a blog for parents with a variety of trustworthy, timely, and appealing stories, articles, and tips related to pregnancy, birth, and parenting.

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Referenced Websites:

- <http://www.scienceandsensibility.org/>
- <https://www.facebook.com/LamazeEducators>
- <http://twitter.com/#!/lamazeadvocates>
- <http://www.lamazeinternational.org/PushForYourBaby-Educators>
- <http://givingbirthwithconfidence.org/> ■

Engaging Nurse Leaders

By Patricia L. Giampa, RN, BSN, MPM, CHPQ
 Children's Hospital of Pittsburgh of UPMC
 President, SWPONL



Southwestern Pennsylvania Organization of Nurse Leaders (SWPONL) is an independent professional organization committed to excellence in the practice of nursing leadership. For more than 33 years, SWPONL has engaged nurse leaders through the promotion of high quality, cost effective, patient care delivery systems, education, networking, support of research, and the advancement of the practice of nursing.

Membership is open to registered nurse leaders in administration/management positions who are responsible for strategic, operational, management, and performance outcomes as well as RN students enrolled in a graduate program. Nurse leaders from hospitals, skilled nursing facilities, community nursing areas, rehabilitation facilities, academia, and consulting are members.

SWPONL serves its members by providing networking opportunities and educational sessions throughout the year. Additional resources include an informative website where members can get current information about policy and practice issues as well as current articles of pertinence to a nurse leader.

An annual conference, held in early fall, offers highly respected speakers, networking, reconnecting time with colleagues and friends, as well as an opportunity for attendees to earn continuing education credits. One of the highlights of the conference is the poster presentation sessions where members and professional guests at the conference share recent projects and ideas. At the most recent conference, 56 posters were presented on topics of change, communications, membership, professional development, and quality.

As an elected official of SWPONL, the president has a responsibility to plan and conduct organizational business, build membership, and increase outreach. This daunting task cannot be done alone. The affairs of SWPONL are managed by a board of directors. Membership of the board includes the president, president-elect, secretary/treasurers, immediate past president, and nine members at large.



A most recent and exciting opportunity for SWPONL has been an invitation from the Pennsylvania Organization of Nurse Leaders, PONL, to have two representatives join the PONL Board of Directors as active members. Being at the table with PONL leadership offers opportunity to strengthen and expand SWPONL's goals for its members.

Being elected President of SWPONL is a humbling experience. Living up to the trust shown in me by the membership is not easy but it is rewarding and worthwhile. SWPONL has incredible individuals within the member's ranks. Working with and for these health care leaders toward the ultimate goal of providing the care our patients' need is an opportunity for which this nurse will always be grateful. ■



National Association of Orthopaedic Nurses Offers Education, Certification

By Pam Cupec, RN
 UPMC Passavant
 President, NAON



The National Association of Orthopaedic Nurses is a 6,100 member organization of nurses practicing in the specialty of orthopaedic nursing. Members may have experience at the bedside, in research, in education, or within many subspecialties including pediatrics, total joint replacement, trauma, office practice, management, sports medicine, surgery, out-patient, and so on. We have chapters across the country, and even have

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a chapter in Singapore. NAON is an affiliate of the American Nurses Association Organization of Specialty Nursing, and is a partner with several organizations with a focus on musculoskeletal health, including the American Academy of Orthopaedic Surgeons (AAOS) and the U.S. Bone and Joint Initiative (USBJI).

NAON offers three levels of certification, including one for clinical nurse specialists and one for advanced practice nurses in Orthopaedics. We have a peer reviewed journal that is published bimonthly, and also offers contact hours in each edition. For our members, NAON offers six free webinars, as well as many downloadable educational materials for patient education. In July 2013, NAON published a revised Core Curriculum, and it has already won an industry award.



At an annual NAON Congress, attendees can expect up to 35 contact hours and much networking and exchange of ideas. This year our Congress is being held in Las Vegas at the Mirage, May 17 to 20.

As president, my role includes presiding over our monthly board calls, as well as the face-to-face meetings held three times a year. I represent NAON at other conferences and organizations such as the ANA meeting in November and at AAOS. We also have representation at the USBJI, as well as several Nursing Quality organizations. NAON is involved in promoting musculoskeletal health and has done work focused on osteoporosis, fragility fractures, and safe patient handling.

NAON has been asked to speak at international conferences in such locations as England, Dublin, New Zealand, and China.

Thank you for the opportunity to share a little about the National Association of Orthopaedic Nurses. ■

American Society of Pain Management Nursing: Helping Patients in Pain

By Tammy Flemming, MSN, ACNP-BC
Chronic Pain-UPP
President, ASPMN

The American Society of Pain Management Nursing (ASPMN) is a national as well as local group of nurses who have an interest in pain management. In 2007, five of the “pain” nurses in the Pittsburgh area got together and felt that a local chapter would serve as a great place for pain nurses to network, create contacts, discuss issues within their workplace, and receive continuing education on pain management.

Our goals focus on resources and communication. The group is diverse as to where the members work — UPMC, Allegheny Health Network, and private practice, as well as hospital- or office-based professionals.

ASPMN Pittsburgh is a nonprofit organization chartered in August 2007 under the leadership and bylaws of the ASPMN. ASPMN is the first and only nursing specialty organization dedicated to helping one realize his or her full potential as a pain management nurse. ASPMN and ASPMN PGH are composed of growing, dynamic, and dedicated professionals who share ideas and information to improve the quality of life for patients with pain. Our mission statement is: “To advance and promote optimal nursing care for people affected by pain. Members will provide education and support of current treatments and modalities to advance the practice of pain management.”

I became president of this wonderful group in July 2013, having been with them since the beginning as one of the five who founded the group.



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As president, my role is to oversee the various committees, such as planning and membership. Our planning committee provides at least four educational opportunities per year with the goal of one “big” session if possible.

Speakers have included Chris Passero, a nationally known speaker on pain, as well as local physicians. Recently, we have been addressing issues with pain and addiction, and welcomed a representative from the Drug Enforcement Administration to speak as well as a local physician who prescribes Suboxone®. The program was organized by our past president, Lois Pizzi, MSN, CNS.

I feel our most important quest is to help patients in pain by educating nursing in how best to care for them. ■

National Nurse Anesthetists Week 2014

By Jennifer Coates, CRNA
UPMC Presbyterian

Certified Registered Nurse Anesthetists in Pittsburgh and across the country celebrated the 15th annual Nurse Anesthetist Week from Jan. 20 to 25. This week of recognition was established by the American Association of Nurse Anesthetists (AANA) to encourage certified registered nurse anesthetists (CRNAs) as an opportunity to educate the public on the safeness of anesthesia, the questions a person should ask prior to undergoing surgery, and the benefits of receiving anesthesia care from a CRNA.



This year the theme of CRNA week was “CRNAs: Our Priority — Our Passion — Our Patients.”

This theme emphasizes our personal commitment to each and every one of our patients. Since the Civil War, nurse anesthetists have remained at the head of the procedure table for every moment of their patient’s procedure to administer the anesthetic, monitor vital signs, and help ensure that each year millions of patients receive the safest anesthesia care possible.

Nurse anesthetists are advanced practice registered nurses who administer approximately 32 million anesthetics in the United States each year. Nurse anesthetists practice in every setting where anesthesia is needed. The sites vary from ambulatory surgical centers, labor and delivery, dentist’s offices, and chronic pain centers to the traditional hospital operating room. Nurse anesthetists are the main hands-on providers of anesthesia care in both civilian and military settings. CRNAs practice with a great deal of autonomy and are the primary providers of anesthesia in rural America.

UPMC is proud to employ 450 nurse anesthetists throughout our hospital locations. This puts UPMC on the map as employing the largest group of CRNAs in the world!

Often, nurse anesthetists are unspoken heroes in health care because they care for patients who are anesthetized. These highly skilled advanced practice nurses are able to exercise critical thinking skills at each moment of the day as they deliver safe anesthesia care to patients across the lifespan during a very vulnerable time for patients. UPMC nurse anesthetists deliver anesthesia care not only in the operating rooms, but in numerous locations outside of the operating rooms such as the gastroenterology lab, interventional radiology, electrophysiology lab, and radiology suites, just to name a few. In all instances, quality care and vigilance are the hallmarks of a CRNA. In Pittsburgh, UPMC’s CRNAs also are involved in the local and international community. They provide food and support to patients and their families at McKee Place Family House in Oakland, make donations of food and time to the local food bank, and educate high school students on the nurse anesthesia profession through tours at the hospital and lectures on career day. ■



development of best practices that advance the quality of health care locally and nationally, and to recognize those who make a positive contribution to patient care.

To learn more about the Beckwith Institute's Clinical Transformation Program and to watch an informational video about shared decision making, visit Infonet.UPMC.com/TheBeckwithInstitute. ■

THE BECKWITH INSTITUTE | **CLINICAL TRANSFORMATION PROGRAM**

Are You Taking Full Advantage of the UPMC Retirement Program?

UPMC's Retirement Program consists of two separate plans: The UPMC Savings Plan and the UPMC Cash Balance Plan. If you are not participating in both, you are missing out on an important component of Your Total Rewards at UPMC. Make sure you are enrolled in the UPMC Savings Plan — it's like giving yourself a raise!

Don't Forget About the UPMC Savings Plan

You have the ability to enroll in or change the UPMC Savings Plan, an important part of your retirement program, at any time during the year. You can contribute to the Savings Plan on a pretax basis, which not only provides a great savings opportunity but also lowers your taxes. When you become eligible, UPMC matches 50% of your contributions, up to a percentage of your pay. You are always 100% vested in your contributions, and you become fully vested in UPMC's matching contributions after three years of service are earned in which the you have been paid for at least 1,000 hours in each of those years.

Call for Ideas: Engaging Patients, Families, and Caregivers

Do you have an innovative idea that can help foster better collaboration among patients, their families, and their providers? As a nurse at UPMC, you have the opportunity every day to see how collaboration leads to greater patient satisfaction and outcomes. This is your opportunity to make a positive change for your unit, your hospital, and for UPMC.

There is no idea too small to make a positive impact on the care that UPMC offers its patients through shared decision making. Consider submitting your idea for a Beckwith Institute Clinical Transformation Program grant.

Awards of up to \$25,000 will be given in the spring. Applicants are asked to submit a letter of intent that briefly describes their proposed projects by **Monday, March 3**.

The Clinical Transformation Program was established by the Beckwith Institute, in partnership with UPMC, to encourage the discovery and



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What Is the Cash Balance Plan?

This is UPMC’s employer-sponsored pension plan. You are automatically enrolled once you become eligible and this plan is fully funded by UPMC — there are no employee contributions in this plan. Eligible employees begin participating on either Jan. 1 or July 1 after they have reached age 21 and completed 1,000 hours of service.

The benefit provided by UPMC under this plan is referred to as “retirement credits,” which are based on age, service, and eligible earnings. Depending on work location, age and service, retirement credits can range from 2.5 to 6% of eligible pay. The Cash Balance Plan has the same vesting requirements as the Savings Plan match contributions noted above.

Simply follow this path to view your current balance in both the Savings Plan and Cash Balance Plan:


My HUB > Human Resources > My Retirement

Questions can be answered by calling 1-877-206-8264. Representatives are available between 9:30 a.m. to 6 p.m Eastern time, Monday through Friday.

This account is credited daily with interest based on the prevailing 30-year U.S. Treasury bond rate, and the interest is compounded quarterly.

Eligible employees received their 2013 Cash Balance Plan retirement credit on Dec. 31, 2013. ■

2014 UPMC NURSES WEEK
IT TAKES TWO: PARTNERS IN HEALTH



MAY 7, 8, AND 9
UPMC CUMBERLAND WOODS VILLAGE
UPMC PASSAVANT HOSPITAL



**Influencing Our Profession,
Driving Health Care Change**

Featuring keynote speakers:

- **Karen Drenkard**, PhD, RN, NEA-BC, FAAN - Executive Director, American Nurses Credentialing Center
- **Diana J. Mason**, PhD, RN, FAAN - President of the American Academy of Nursing and Rudin Professor of Nursing at Hunter-Bellevue School of Nursing
- **Marjorie S. Wiggins**, DNP, MBA, RN, FAAN, NEA-BC, Chief Nursing Officer, Maine Health System

Save the Date:
**Monday, June 16 and
Tuesday, June 17, 2014**

Location:
**University Club,
Pittsburgh, PA**

To register and view more information and abstract submission instructions visit www.NursingNowConference.com.

Sponsored by the UPMC Center for Nursing Excellence and Innovation and the University of Pittsburgh School of Nursing.



I SPY: Recognizing Nursing Colleagues Across UPMC

Children’s Hospital of Pittsburgh of UPMC

Certifications

Emily Christopher, CPN

Presentations

Amy Cashdollar, MSN, RN, CMPE, “Ambulatory Pediatric Cardiology Dashboards,” presented at Pediatric Cardiology Section Meeting, ACC Midyear Summit, Las Vegas, January 2014

Magee-Womens Hospital

Certifications

Karen Pearce, Certification in Oncology

Degrees

Jennifer Arkett, BSN

Kari Axelson, BSN

Emily Engel, BSN

Kori Manfredo, BSN

Renee Mihalchik, BSN

Sara Passarella, BSN

Dana Piatek, Master of Science in Nursing with concentration in Education and Leadership

Dawnn Vith, BSN

UPMC McKeesport

Awards

Each year, the Jodie Matta-Dillinger Cancer Resource Center names Cancer Care Champions, who receive awards during the Harvest of Hope. This year’s awardee is **Nora Evans**, RN, MSN, CMSRN, unit director of UPMC McKeesport’s 3 Mansfield Med/Surg Oncology Department. In addition, Nora was recently awarded at UPMC McKeesport as a Champion of Dignity and Respect.

SWPONL Annual Conference First Place Poster winner was **Malissa Guzik**, RN, MSN; **Doris Gaudy**, RN, MSN; **Susie Fowler**, RN, MSN; and **Rose Bohin**, RN, BSN, for “Face to Face Bedside Report Promotes Patient and Nurse Satisfaction.”

Degrees

Dorene DeOrio, BSN

Presentations

Nora Evans, RN, MSN, CMSRN, presented “Transfer of Care from a Higher Level to a Lower Level of Care,” at the SWPONL Annual Conference and at the UPMC Quality Symposium.

Mary Shields, RN, MSN, NHA, and **Cheryl Como**, DNP, RN, NEA-BC, presented “Raising Our Sails for the Older Adult – NICHE,” at the SWPONL Annual Conference.

Deborah Solvay, RN, MSN; **John Fairbaugh**, RN, MSN; and **Kelly Heatherington**, DNP, RN, presented “Obtaining an Accurate Medication History: A Small Investment for a Rich Future,” at the SWPONL Annual Conference.

UPMC Mercy

Certifications

Kathleen Szyborski, CWCN

Kayla Plavetzky, ONC

Lauren Zimmerman, CWOCN

Degrees

Nancy Chisholm, BSN

Donna McVay, BSN

UPMC Passavant

Certifications

Annette Dye, ACHPN (Advanced Certified Hospice and Palliative Nurse)

Degrees

Priti McGowen, BSN

Publications

Susan Hoolahan co-authored an article titled “Identification of Potential Barriers to Nurse-Sensitive Outcome Demonstration,” in the December 2013 edition of *Journal of Nursing Administration (JONA)*.

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UPMC Presbyterian

Certifications

Cindy Catalano, CCTC
Robin Poole, CCTC
Lydia Redman, CCTC
Kristina Zagar, CCTC
Seann Cunningham, CCTN
Brendan Ahearn, CCRN
Kara Blakely, CCRN
Matt Chase, CCRN
Alex Freyer, CCRN
Emily Klinetob, CCRN
Stefano Marozza, CCRN
Dan Sonntag, CCRN
Maria Talarico, CCRN
Ann Titus, RN-BC
Denise Petras, DNP, RN-BC, recertified
 in Nursing Professional Development

Degrees

Erin Cochran, BSN
Patrick Dougherty, BSN
Jim Goliwas, BSN
Kathy Graham, BSN
Rachel Mattiol, BSN

Presentations

Five podium presentations were given at the 22nd Annual Symposium, International Transplant Nurses Society, Washington, D.C.:

- **Darlene Lovasik, RN, MN, CCRN, CNRN, Transplant/Surgical Program Nurse Specialist**, “Dynamic Bedside Change-of-Shift Report: Promoting Patient and Family Centered Care and Safe Handoff”
- **Darlene Lovasik, RN, MN, CCRN, CNRN, Transplant/Surgical Program Nurse Specialist**, “Central Nervous System Infections in Pre- or Post-Operative Transplant Patients”
- **Carol Scholle, RN, MSN, Clinical Administration**, “Promoting Effective Work Flow and Managing Interruptions on an Abdominal Transplant Unit”

- **Pattie Hlasnick, RN, CCTN, Unit 7W**, co-presented with **Colleen Carroll** “Diversifying Professional Competency in an Outpatient Transplant Setting: Chemotherapy Administration”

- **Pattie Hlasnick, RN, CCTN, Unit 7W**, co-presented (with **Colleen Carroll**) “The Efficacy of Telemetry Monitoring the Acute Transplant Patient in an Outpatient Setting”

Three poster presentations were presented at the Southwestern Pennsylvania Organization of Nurse Leaders (SWPONL) conference at Nemaquin Woodlands:

- **Monica Best, RN, Unit 7F; Therese Dawson, RN, MSN, CNRN, Neuro Program Nurse Specialist; Jamie Scalise, RN, BSN, Unit 7F**, “Changes in RN Shift Report Improves Communication Satisfaction.” They received the Award for Communication.

- **Erin Flanagan, RN, BSN, CCRN, Unit 9G; Kate Hileman, RN, MSN, Process Improvement**, “An Evidence-Based Approach for Identifying Patients Appropriate for Discontinuation of Cardiac Monitoring on Trauma Unit 9G.” They received the Award for Quality.

- **Therese Dawson, RN, MSN, CNRN, Neuro Program Nurse Specialist; Anne Ward, RN, MSN, Unit 5G**, “Building Teamwork is Satisfying to Both Patients and Nurses”

Nancy Stitt, RN, BSN, Nursing Education and Research, presented “Growing Organs Using Stem Cells and Regenerative Medicine” at the Golden Triangle Chapter, ITNS Fall Dinner Meeting.

Publications

DeRubis S, Foryte K, Bayer K, Grogan T, In Al-Khafaji A (ed), “ICU Care of Abdominal Organ Transplant Patients,” *Nursing Considerations*, Oxford University Press, NY, 2013. Pp 93-98.

UPMC Shadyside

Linda Lakdawala, DNP, RN, CPAN, advanced clinical education specialist at UPMC Shadyside, hosted the first annual Med-Surg Nursing Care conference on Jan. 10, 2014, thanks to funding provided through a grant from the Shadyside Hospital Foundation.

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Certifications

Bozena Kutyla-Brooks, CCRN
Cindy Bakow, FNP-BC
Amy Dettlinger, CEN
Crystal Stiles, SANE-A
Jody Feigel, CIC
Jordan Snead, CEN
Lisa Schlarman, OCN
Kelly Violi, CCRN
Francine Zeitler, CNRN

Degrees

Kristen Hoskinson, BSN
Cindy Bakow, MSN
Chris Horner, MSN

Presentations

Faith Colen, MSN, RN, CEN, SANE-A, created a podium presentation, “Victims of Violence: Emergency Department Staff are Victims, too.” **Denise Abernethy**, MSN, RN, CEN, presented on her behalf at the 2013 ENA Annual Conference on Sept. 20 in Nashville, Tenn.

Joanne Turka, MSN, RN-BC, CCRN, presented two podium presentations for the AACN Manager Priorities Conference in Las Vegas, Sept. 18 to 20, 2013. The presentations were titled “Social Media: Avoiding the Pitfalls,” and “Informatics: It’s Not Just for Geeks.”

Jordan Snead, BSN, RN, and **Amanda Henderson**, BSN, RN, CEN, SANE-A, were awarded third place at the Pennsylvania ENA Horizons Conference. The conference took place at Penn State on June 6 and 7, 2013. Their poster is titled “InSANEly Good Evidence Collection.”

Lois Pizzi, RN, has been asked to present and sit on panel at the Second Annual Surgical Pain Congress in Celebration, Fla., March 7 to 9.

Publications

Faith Colen, MSN, RN, CEN, SANE-A, and **Amanda Henderson**, BSN, RN, CEN, SANE-A, had their article “Save Our Staff: Creating a Safe ED,” published in the July 2013 edition of *Nursing*.

Kellie Antinori-Lent, MSN, RN, CDE, published “Improving Insulin Adherence in Diabetes Care,” in the September 2013 issue of *American Nurse Today* (Vol. 8; No. 9).

Joanne Turka, MSN, RN-BC, CCRN, is the co-author of a new book, *Celebrating Nursing: Human by Birth, Hero by Choice*, published by inCredible Messages Press.

UPMC St. Margaret

Appointments

Aimee Wilson, MSN, RN, Care Management, was elected Western PA Chapter President for the American Case Management Association.

Tamara Waner, BSN, RN, Perianesthesia, was elected Treasurer of the Pennsylvania State Nurses Association, District 6

Certifications

Elissa Caliguiri, CMSRN
Jennifer Dahler, CMSRN
Rachel McMahon, CMSRN

Publications

Jay Wright, MSN, RN, and **Shawna Bregenti**, BSN, RN, Perianesthesia had an article titled “Waking Up Angry, A Case Study in Emergence Delirium” in the January/February 2014 issue of *Breathline*.

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DAISY Award Recipients Across the System

The DAISY Award for Extraordinary Nurses recognizes the “super-human work nurses do every day.” DAISY nominees exemplify the kind of nurse that the patients and families, as well as the entire health care team recognize as an outstanding role model. Congratulations to these DAISY recipients:



Children’s Hospital of Pittsburgh of UPMC

Amanda McCreary, BSN, RN, Nursing Unit 6A
Rachel McCarisson, RN, PICU

UPMC Shadyside

Ashley Kopicko, 7M

UPMC McKeesport

Donna Rusch, RN, clinician, 5 Crawford Psychiatric Unit
Jan Gobel, RN, 6 Mansfield Ambulatory Care

UPMC St. Margaret

Karen Mains, RN, CMSRN, 6A
Karen Weimer, MSN, RN, FNP-BC,
lead in-patient nurse practitioner
Cassandra O’Neill, BSN, RN, 3B Stepdown

UPMC Mercy

Stephanie Chlosta, RN, BSN

UPMC Passavant

Champion of Daisy Award

For her role in the initiation, communication, roll out, and support of the DAISY program over the past three years, **Chrissy Koenig**, administrative coordinator, UPMC Passavant–Cranberry, recently was honored with a DAISY Champion Award. Ms. Koenig has done a lot of the behind-the-scenes work over the past three years to make sure the program, which honors three extraordinary UPMC Passavant nurses every quarter, is a success.

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Have a story idea?

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