



Schools of Nursing

POLICY AND PROCEDURE

SUBJECT: Student Health Program

INDEX TITLE: Student Services

DATE: January 5, 2015

I. POLICY

The Student Health Program provides the opportunity to promote and maintain student health. The goals of the program are to promote the continued physical and emotional health of students and support the concept of the student accepting responsibility for maintenance of their own health.

II. PURPOSE

Promote the maintenance of the student's physical and mental health to meet the demands of the nursing program.

III. SCOPE

This policy applies to all students enrolled in the UPMC Schools of Nursing.

IV. GUIDELINES

Health Insurance

All students are encouraged to carry health insurance. All students (both full time and part time) are eligible to participate in the UPMC Health Insurance Plan. Students interested in the health insurance can call the Health Plan directly at 1-888-876-2756 for additional information.

General Medical Attention

Any student needing immediate medical attention may be seen in the Emergency Room. Students assume financial responsibility for all emergency room visit charges. Students have limited access to health care through UPMC Work Partners who can be reached at 412-623-1920. Students are accountable for contacting their insurance carrier and/or primary care physician to obtain the necessary authorization to seek care through UPMC Work Partners.

Counseling

Students who are experiencing a personal problem such as depression, family issues, emotional difficulties, stress, grief, etc., may utilize Life Solutions. Please refer to the Guidance and Counseling policy.

V. PROCEDURE

Students are to adhere to the following procedures. The School does not assume responsibility for the health and safety of students who fail to adhere to the procedures outlined below.

Health Alterations (Illness and Hospitalization)

- Students are required to immediately report all health alterations that would prevent them from being able to perform the duties outlined in the position description to the Director of the School of Nursing.
- A student who is absent for more than three (3) consecutive days due to illness must submit a signed release from a licensed independent medical provider.
- A student who had surgery for any reason, or was hospitalized must submit a signed release from a licensed independent medical provider regardless of the time missed.
- The release form must specifically state that the student may participate in classroom and clinical experiences without restrictions.
- Release forms are to be submitted upon return to school to the Director.
- Students are not permitted to wear any type of apparatus while attending any clinical experience. An apparatus is defined as, but not limited to; an ace wrap, an eye patch, a cervical collar, splint, sling, any type of cast, any type of boot, or any type of immobilizer. Students are not permitted to use any assistive device (crutches, cane, walker, etc.) while attending clinical.

Communicable / Infectious Disease

- Students are required to immediately report all diagnosed communicable or infectious diseases that would prevent them from being able to perform the duties outlined in the position description to the Director of the School of Nursing.
- Students will comply with UPMC policies related to communicable and infectious disease.

Annual PPD TB Skin Test

- Students are required to receive an annual PPD TB Skin Test as directed by the School of Nursing.
- Testing will be performed by UPMC Work Partners. Students who test positive will be required to comply with all follow-up recommended by Work Partners.
- Students not meeting this requirement will not be able to attend the clinical experiences until in full compliance.

Accidents/ Exposures

On UPMC Campus

- Students involved in an accident on hospital property must report to the Emergency Department for evaluation and treatment.
- If the accident occurred on the nursing unit, the student must notify the instructor and report to Work Partners during hours of operation or to the Emergency Room.
- Students are financially responsible for all care received due to accidents.
- Students who have a blood born pathogen exposure while performing patient care during a clinical experience must notify the instructor and report to Work Partners during hours of operation or to the Emergency Room. UPMC assumes the cost of care of blood born pathogen exposure.

On the campus of an affiliate clinical agency:

- Students attending clinical at an affiliating agency and needing immediate medical attention due to illness or injury should follow the same procedure an employee of that affiliating agency would follow.

VI. REFERENCED AND RELATED POLICIES

Student Nurse Position Description
Guidance and Counseling

Approved UPMC Schools of Nursing: 12/29/2014
Effective Date: 1/5/15