

**UPMC HAMOT  
PROFESSIONAL ATTIRE GUIDELINES  
FOR  
MEDICAL STUDENTS AND RESIDENTS**

UPMC Hamot takes pride in the quality of care we provide to our patients and we want to present an image that reflects our commitment to high standards. Appropriate dress, grooming and appearance of our trainees impacts patients' feelings of confidence in the care they receive and shows respect for the dignity of other staff members, visitors, students/trainees, faculty and everyone the trainees come in contact with while representing their program.

- A. UPMC Hamot, trainees are expected to present a clean, neat and professional appearance at all times. Daily hygiene must include clean body, teeth and hair.
- B. UPMC Hamot photo identification badges, worn above the waist in plain sight, are required to be worn while on duty and during educational activities. No unauthorized attachments are to be placed on the ID badge.
- C. White lab coats will be worn.
- D. Clothing must be clean, pressed and in good condition. Clothing should fit properly and not be revealing, to provide a professional appearance.
- E. Hospital-issued scrub attire cannot be worn outside the medical center. Personal scrub uniforms should be color and style appropriate.
- F. Shoes must be clean and provide safe, secure footing, and offer protection against hazards. In the clinical setting, sandals and open toe shoes are not permitted.
- G. Wearing excessive jewelry and cologne is not appropriate. Facial and oral jewelry is not permitted. Pierced jewelry is permitted in ears only and limited to two small earrings per ear. Dangling earrings or hoops larger than one inch are not permitted.
- H. Visible body tattoos which may be perceived as offensive (i.e. location, design, size) must be covered during work hours.
- I. Hairstyles are expected to be in good taste. Extreme hairstyles are not acceptable. Hair should not interfere with patient care activities or safe work routines. Unnatural hair color is not permitted. Beards and mustaches should be short, clean and well-groomed.
- J. Fingernails must be conservative in length, clean and trimmed to appropriate lengths. Artificial fingernails or extenders are not permitted.

Accommodations may be made for trainees with medical conditions, cultural, and/or beliefs that require exemptions or exclusions to the above standards.

These guidelines are not expected to be fully inclusive of all situations. See also UPMC Human Resources Dress Code Policy and program policies (if applicable).