

**HEALTH HISTORY**

**PRACTICE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Last First Mi Sex  Male  Female

Highest Grade Completed \_\_\_\_\_

Place of Employment \_\_\_\_\_ How Long? \_\_\_\_ Occupation: \_\_\_\_\_

Single  Married  Separated  Divorced  Widowed

Do you have someone available to assist you in time of need?  No  Yes

If married, spouse's name \_\_\_\_\_

Children's names and ages \_\_\_\_\_

Do you live alone?  No  Yes Do you drive?  No  Yes

Do you have any special spiritual or religious needs?  No  Yes

Do you have any special cultural needs?  No  Yes

Main language you speak \_\_\_\_\_

**Allergies to Medications, X-ray Dyes, Food, Environmental or Other Substances**  No  Yes

**PAST MEDICAL HISTORY & REVIEW OF SYSTEMS**

Please circle if you have had problems with or are presently complaining of any of the following:

- |                          |                              |                            |                        |
|--------------------------|------------------------------|----------------------------|------------------------|
| 1. High Blood Pressure   | 14. Pneumonia                | 27. Hemorrhoids            | 40. Blood Disorder     |
| 2. Diabetes              | 15. Persistent Cough         | 28. Gall Bladder Disease   | 41. Venereal Disease   |
| 3. Cancer                | 16. T.B.                     | 29. Colitis                | 42. Anxiety            |
| 4. Heart disease         | 17. Hay Fever                | 30. Hepatitis or Jaundice  | 43. Depression         |
| 5. Chest pain/discomfort | 18. Abdominal Discomfort     | 31. Thyroid Disease        | 44. Anemia             |
| 6. Shortness of breath   | 19. Indigestion              | 32. Head or Neck Radiation | 45. Alcohol Abuse      |
| 7. Swollen Ankles        | 20. Nausea/Vomiting          | 33. Headache               | 46. Drug Abuse         |
| 8. Palpitations          | 21. Constipation             | 34. Kidney Disease         | 47. Gout               |
| 9. Light Headedness      | 22. Diarrhea                 | 35. Kidney Stones          | 48. Difficulty eating  |
| 10. Frequent Urination   | 23. Blood in Stool           | 36. Difficulty Urinating   | 49. Stroke             |
| 11. Rheumatic Fever      | 24. Ulcers                   | 37. Arthritis              | 50. Impotency          |
| 12. Asthma               | 25. Change in Bowel Habits   | 38. Low Back Problems      | 51. Corrective Eyewear |
| 13. Bronchitis           | 26. Unexplained Wt Gain/Loss | 39. Skin Disease           | 52. Hearing Difficulty |

Any problems not listed above: \_\_\_\_\_

**LEVEL OF INDEPENDENCE** SELF NEED ASSISTANCE

Eating/Meal Preparation \_\_\_\_\_

Toileting \_\_\_\_\_

Walking \_\_\_\_\_

Bathing/Showering \_\_\_\_\_

Dressing \_\_\_\_\_

Household Tasks \_\_\_\_\_

Are you on a special Diet?  No  Yes Type: \_\_\_\_\_

Have you Had a change in eating habits in past year?  No  Yes

Do you use any community resources? (i.e. GECAC, Meals on Wheels, Home Health, etc.)  No  Yes

**GYNECOLOGIC AND OBSTETRIC HISTORY**

Age of onset periods: \_\_\_\_\_ Frequency: \_\_\_\_\_ Length of Period: \_\_\_\_\_

Pregnancies: \_\_\_\_\_ Births: \_\_\_\_\_ Miscarriages: \_\_\_\_\_

Method of Birth Control \_\_\_\_\_

Prolonged or abnormal bleeding:  No  Yes (please describe) \_\_\_\_\_

Leakage of Urine:  No  Yes (please describe) \_\_\_\_\_

Pelvic Pain:  No  Yes (please describe) \_\_\_\_\_

Abnormal Discharge:  No  Yes (please describe) \_\_\_\_\_

History of Abnormal Pap:  No  Yes (please describe) \_\_\_\_\_

**THE DATES OF: PLEASE LIST AND SUPPLY**

Operations: \_\_\_\_\_

Hospitalizations other than for surgery: \_\_\_\_\_

Immunization history-have you had: Tetnus Immunization YES NO WHEN? \_\_\_\_\_

Hepatitis B? YES NO WHEN? \_\_\_\_\_ Flu Immunization YES NO WHEN? \_\_\_\_\_

Other? \_\_\_\_\_ When? \_\_\_\_\_ Pneumonia Immunization YES NO WHEN? \_\_\_\_\_

When was your last: Pap Smear? \_\_\_\_\_ Breast Exam? \_\_\_\_\_ Mammogram? \_\_\_\_\_

Stool check for blood? \_\_\_\_\_ Cholesterol Check? \_\_\_\_\_ Prostate Exam? \_\_\_\_\_

**FAMILY HISTORY**-has any member of your family (including parents, grandparents, and sibling) ever had the following?

**ILLNESS**                      **WHICH FAMILY MEMBERS?**                      **APPROXIMATE AGE WHEN DIAGNOSED**

Cancer (type) \_\_\_\_\_

Hypertension \_\_\_\_\_

Heart disease \_\_\_\_\_

Diabetes \_\_\_\_\_

Strokes \_\_\_\_\_

Drug or \_\_\_\_\_

Alcohol addiction \_\_\_\_\_

Glaucoma \_\_\_\_\_

Bleeding disease \_\_\_\_\_

Other: \_\_\_\_\_

**MEDICATIONS** (Prescriptions, over the counter, vitamins, herbs, etc)

Drug name	Dose	Drug name	Dose
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**PREVENTION**

Do you wear a seatbelt? YES NO If no why not? \_\_\_\_\_

Do you wear a bike helmet? YES NO N/A \_\_\_\_\_

Do you smoke? YES NO If yes how many packs/day? \_\_\_\_\_

Do you drink alcoholic beverages? YES NO If yes how much/week? \_\_\_\_\_

Do you drink coffee? YES NO If yes how many cups/day? \_\_\_\_\_

Do you drink tea? YES NO If yes how many cups/day? \_\_\_\_\_

If there is a gun in your home, is it out of reach children's reach and unloaded? YES NO N/A \_\_\_\_\_

Do you use drugs? (marijuana, cocaine, crack, etc) YES NO if yes explain \_\_\_\_\_

Have you ever engaged in any activity which has put you at risk of getting AIDS? YES NO \_\_\_\_\_

Do you wish to be tested for AIDS? YES NO \_\_\_\_\_

Have you ever worked with chemicals, paints, asbestos, or other hazardous materials? YES NO \_\_\_\_\_

If yes please explain? \_\_\_\_\_

Are you in a relationship in which you have been physically hurt (slapped, kicked, punched, bruised) by your partner? YES NO \_\_\_\_\_

Do you ever feel afraid of your partner? YES NO \_\_\_\_\_

Do you have a Living Will? YES NO \_\_\_\_\_

Do you have a donor card? YES NO \_\_\_\_\_

**For Office Use Only:**

Initial: \_\_\_\_\_ Date: \_\_\_\_\_ Initial: \_\_\_\_\_ Date: \_\_\_\_\_

Initial: \_\_\_\_\_ Date: \_\_\_\_\_ Initial: \_\_\_\_\_ Date: \_\_\_\_\_