



Especially for Women Health Expo

A Women's Health Program Focused on Health and Wellness

Free Services and health screenings include:

- Total cholesterol*
- Blood glucose and A1c screening*
- Computerized neck scans
- Osteoporosis screening
- Hearing screening
- Blood pressure
- Stroke risk assessment
- Bladder screening
- Vision screening
- Many educational tables
- And much more!

**Three hour fast is recommended*

**Wednesday,
Oct. 9, 2019**

4 to 7 p.m.

Cranberry Mall
6945 US 322
Cranberry

Registration is required
by Monday, Sept. 30

To register or for
more information,
call **814-677-1463**
or **1-800-422-8888**.

UPMC | NORTHWEST