Jewish Patient and Visitor Guide

Your Care. Our Commitment.
Welcome

Welcome to Pittsburgh and UPMC. An important part of the care we provide is helping our patients and their families to become familiar with their surroundings. Our top concern is our patients’ health and well-being, but we know this may be a difficult time for their loved ones, too.

In order to help with this process we have a community of rabbis for important religious, spiritual, and emotional support for members of their congregations. The Office of Spiritual Care at UPMC Presbyterian and the Department of Pastoral Care at UPMC Shadyside work together with the rabbis of the community.

Inside this booklet you will find information about community, hospital, and religious resources. You can also find a listing of Orthodox, Conservative, Reform, Reconstructionist, and Independent synagogues in the Pittsburgh area. The Pittsburgh Jewish community wants you to feel welcomed.
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Community Resources
Below you will find resources that are available to you in the community.

Bikkur Cholim
Pittsburgh’s Bikkur Cholim is a volunteer organization that works with generous community members to provide kosher meals, Shabbat accommodations, and other resources for patients and family members who are not from the Pittsburgh area. For more information call 412-720-3071.

Eruv
Call 412-421-1437 early Friday afternoon or search “Pittsburgh eruv” online for an eruv update and map.

Mikvah
The Jewish Women’s League of Pittsburgh 1722 Denniston St. (corner of Forbes Ave. and Denniston St.) For appointments call 412-422-7110 or text 412-400-4497. Visit www.pittsburghmikvah.org for more information.

Men’s Mikvah Lubavitch
Open daily Sunday through Thursday from 6 to 10 a.m. and all day Friday. 1 Yeshiva Way For information call 412-422-7315.
Hospital Resources
This section lists the resources available to you while you or your loved one is in the hospital.

Meals
Kosher meals are prepared by Creative Kosher Catering and are certified by the Vaad of Harabonim of Pittsburgh.

Food Services
**UPMC Presbyterian:** A meal service host will personally contact you each day for your meal selections. Complete the menu selection sheet delivered by your host and a staff member of the Food and Nutrition Services will pick it up. If the host is unavailable, please contact the Diet Office at **647-8001** and press option 1 from a hospital phone for assistance.

**UPMC Montefiore:** To place an order dial **864-1800** between the hours of 6:30 a.m. and 7 p.m. Identify yourself to the In-Room Dining Liaison and place your order.

**UPMC Shadyside:** A meal service host will personally contact you each day for your meal selections. If the host is unavailable, please contact the Diet Office at **623-1659** from a hospital phone for assistance.

Guest trays are available for a charge upon request. To order guest trays at UPMC Presbyterian, UPMC Montefiore, and UPMC Shadyside dial **412-864-1800**, and select In-room Dining. The In-room Dining Liaison will take orders for all three locations. The caller should provide the patient’s name and hospital (UPMC Presbyterian, UPMC Montefiore, UPMC Shadyside) to ensure that the meal will be provided at the correct site.
Shabbat Observance

We understand that being in the hospital during Shabbat, and being unable to welcome it in the traditional way with the lighting of candles, may be of concern. Although the lighting of wax candles in any hospital is prohibited (not allowed) by the fire marshal of Pittsburgh, electric and battery-powered Shabbat candles are available to patients. Please feel free to contact the Office of Spiritual Care at UPMC Presbyterian or the Department Of Pastoral Care at UPMC Shadyside to access electric and battery-powered Shabbat candles.

The Food and Nutrition Services department of UPMC Presbyterian and UPMC Shadyside make available grape juice and challah for Shabbat and holiday observances. Please see the hospital contact numbers for Food Services on page 4.

Eruv Chazterot

The Vaad Horabonim of Pittsburgh have given us the following Halacha instructions. Carrying on Shabbat is allowed inside of UPMC Presbyterian, UPMC Montefiore, Eye and Ear Institute, Western Psychiatric Institute and Clinic, UPMC Shadyside, and Hillman Cancer Center as long as you or your love ones are not carrying outside the building, bridges, and tunnels.

Shabbat Cabinets

If being hospitalized was due to an emergency on a Shabbat or Jewish holy day, you and your loved ones may not have had time to bring the religious articles for the Shabbat and holy day observances. Shabbat cabinets have been installed at UPMC Presbyterian, UPMC Montefiore, and UPMC Shadyside hospitals. They contain a variety of religious articles as well as a few non-perishable kosher food items. Staff at the Information Desk at each location will help you.
Shabbat Cabinet Locations
UPMC Presbyterian: 1st floor, in alcove of Citizens Bank ATM machine in hallway across from the main visitor elevators.

UPMC Montefiore: Main lobby on the 7th floor in the wheelchair storage area off to the right of the Information Desk.

UPMC Shadyside: 1st floor, in the wheelchair storage area off the Information Desk (Posner Tower).

Chapels, Meditation Areas, and Gardens
Patients and their loved ones are invited to use the hospitals interfaith chapels and meditation areas. These peaceful settings have been set aside for prayer, meditation, reflection, and solitude.

UPMC Presbyterian
• The interfaith chapel is located on the 11th floor of UPMC Presbyterian.
• The Rogal Interfaith Meditation Room is located in UPMC Montefiore in the main lobby on the 7th floor.
• The B. Blair Crawford Garden and Atrium is a quiet place for reflection and relaxation. It is located off UPMC Montefiore’s main entrance. Directions to the garden are posted in UPMC Montefiore’s main lobby on the 7th floor.

UPMC Shadyside
• An interfaith chapel is located in Posner Tower on the 1st floor.
• The Hopwood Garden and atrium is off of the ground level of Hillman Cancer Center at UPMC Shadyside.
• The Hulme Meditation Area is a quiet place for reflection and relaxation. It is located near the Hopwood Garden and atrium on the ground level of Hillman Cancer Center.
• The Japanese Garden is located in front of the main hospital entrance (Centre Avenue) at UPMC Shadyside.
Holidays and Festivals

Jewish holidays are celebrated at UPMC Presbyterian and UPMC Shadyside in a manner appropriate to the hospital setting.

Rosh Hashanah
On Rosh Hashanah, the shofar is sounded for patients in their rooms.

Sukkot
A sukkah is constructed each year at both campuses so that patients, families, and staff may enjoy the festival and eat in the sukkah if they wish. For locations contact the Office of Spiritual Care at UPMC Presbyterian or the Department of Pastoral Care at UPMC Shadyside.

Chanukah
The Office of Spiritual Care at UPMC Presbyterian provides electric menorahs upon request.

Purim
For Purim, arrangements are made for those who wish to hear the reading of the Book of Esther from the Megillah. The reading may take place in a patient’s room.

Passover
During Passover, a seder plate containing the symbolic foods, a copy of the Haggadah, and strictly kosher Passover meals are available. All Passover meals are prepared by Creative Kosher Catering and certified by the Vaad Harabonim of Pittsburgh.
Local Synagogues
For times of daily minyan (worship services) call the individual synagogue.

Orthodox

Carnegie
Ahavath Achim Congregation
The Carnegie Shul
500 Chestnut St.
412-260-7232 (for immediate assistance)
412-279-1566 (to leave a message)
www.thecarnegieshul.org

Downtown
Beth Hamedrash Hagodol/Beth Jacob Congregation
1230 Colwell St.
412-471-4443

Fox Chapel
Fox Chapel Chabad Center for Jewish Life
1320 Freeport Road
412-781-1800
Fax: 412-406-7569
www.chabadfoxchapel.com

Monroeville
Chabad Jewish Center of Monroeville
2715 Mosside Blvd.
412-372-1000
Fax: 412-372-1000
Chabad@JewishMonroeville.com
www.jewishmonroeville.com
Mt. Lebanon
Chabad of South Hills
1701 McFarland Road
412-344-2424
Fax: 412-291-3424
rabi@chabadsh.com
www.chabadsh.com

Squirrel Hill
B’nai Emunoh Chabad
4315 Murray Ave.
412-521-1477
bechabad@gmail.com
www.bechabad.org

Chabad of Squirrel Hill
6401 Forbes Ave.
412-421-3561
Fax: 412-422-5930
www.chabadpgh.com

Kollel Jewish Learning Center
PO Box 81036, Pittsburgh, PA 15217
5808 Beacon St.
412-420-0220
Fax: 412 420-0224
info@kollelpgh.org
www.kollelpgh.org
Lubavitch Center Synagogue
Chabad of Western Pennsylvania
2100 Wightman St.
412-422-7300 x 1-211
Fax: 412-422-5930
Rabbi@yeshivaschools.com
mail@yeshivaschools.com
www.yeshivaschool.com

Congregation Poale Zedeck
6318 Phillips Ave.
412-421-9786
info@pzonline.org

Shaare Torah Congregation
2319 Murray Ave.
412-421-8855
office@ShaareTorah.net
www.shaaretorah.net

Young Israel of Pittsburgh/
Congregation Shaare Zedeck
5831 Bartlett St.
412-421-0508
halochoscope@hotmail.com

Young Peoples Synagogue
6406 Forbes Ave.
www.yps-pgh.org
White Oak
Gemilas Chesed
1400 Summit St.
412-678-8859
gemilaschesed@gmail.com
www.gemilaschesed.org

Conservative

Ambridge
Beth Samuel Jewish Center
810 Kennedy Ave.
724-266-5238
bethsamueloffice@comcast.net

Cheswick (Fox Chapel Area)
Adat Shalom
B’nai Israel/Beth Jacob
368 Guys Run Road
412-820-7000
www.adatshalompgh.org

Mt. Lebanon
Beth El Congregation of South Hills
1900 Cochran Road
412-561-1168
Bethel1900@juno.com
www.bethelcong.org
Squirrel Hill
Congregation Beth Shalom
5915 Beacon St.
412-421-2288
office@bethshalompgh.org
www.bethshaompgh.org

New Light Congregation/Ohr Chadasch
1700 Beechwood Blvd.
412-421-1017
info@newlightcongregation.org
www.newlightcongregation.org

Tree of Life Or L’Simcha Congregation
5898 Wilkins Ave.
412-521-6788
TOLPGH@aol.com
www.tolols.org

Washington, PA
Beth Israel Congregation
265 North Ave.
724-225-7080
Office@bethisraelsynagogue.com
www.mybethisrael.com

Wilkins Township
Parkway Jewish Center (Shaar Ha-Shamayim)
300 Princeton Drive
412-823-4338
parkwayjc@verizon.net
www.parkwayjewishcenter.org
Reform

Allison Park
Temple Ohav Shalom
8400 Thompson Run Road
412-369-0900
info@templeohavshalom.org
www.templeohaveshalom.org

Greensburg
Congregation Emanu-El Israel
222 North Main St.
724-834-0560
Cei50@aol.com
www.ceigreensburg.org

Monroeville
Temple David
4415 Northern Pike
412-372-1200
tdoffice@templedavid.org
www.templedavid.org

Mt. Lebanon
Temple Emmanuel of South Hills
1250 Bower Hill Road
412-279-7600
Facebook: facebook.com/templeemanuelpittsburgh
Twitter: @EmanuelPgh
www.templeemanuelpgh.org
Oakland
Rodef Shalom Congregation
4905 Fifth Ave.
412-621-6566
info@rodefshalom.org
www.rodefshalom.org

Squirrel Hill
Temple Sinai
5505 Forbes Ave.
412-421-9715
office@templesinaipgh.org
www.templesinaipgh.org

White Oak
Temple B’nai Israel
2025 Cypress Drive
412-678-6181
Fax: 412-672-1868
tbioffice@gmail.com
www.tbiwhiteoak.org

Reconstructionist

Squirrel Hill
Congregation Dor Hadash
5898 Wilkins Ave.
412-422-5158
Admin@dorhadash.net
www.dorhadash.net
Independent

Squirrel Hill
Minyan Makom Ha-Lev
(Reconstructionist, Renewal)
Meets in various locations. For more information call 412-260-3600.
makomhalev@gmail.com

Bet Tikvah
(A welcoming LGBT centric independent minyan)
Rodef Shalom Congregation
4905 Fifth Ave.
Meets 1st Friday every month. Call or visit the website for information on special events.
412-256-8317
info@bettikvah.org
www.bettikvah.org

For More Information
For more patient and visitor resources available to you during your stay or visit, please visit UPMC.com/PatientsAndVisitors.
UPMC Presbyterian
Office of Spiritual Care
200 Lothrop St.
Pittsburgh, PA 15213
412-647-7560
UPMC.com/Presbyterian

UPMC Shadyside
Department of Pastoral Care
5230 Centre Ave.
Pittsburgh, PA 15232
412-623-1691
UPMC.com/Shadyside

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