



Life After Weight Loss Program

Dear Patient,

Welcome to the Life After Weight Loss Program at the University of Pittsburgh Medical Center. You have many choices in your medical care and it is my goal to offer you a first class experience. Relax, and enjoy your consultation.

The changes you have made in your life through weight loss are significant. The UPMC Life After Weight Loss Program is a specialty program that utilizes a multidisciplinary approach to provide comprehensive, compassionate care that integrates state of the art plastic surgical procedures with lifestyle and nutritional counseling.

We are here to do more than just make physical changes. Our friendly team takes all aspects of care into consideration to provide successful plastic surgery and maintenance of your weight loss. Our comprehensive program includes evaluation of your nutritional status, lifestyle factors, weight loss goals, and your individual priorities. We want to identify the surgical options that are safe for you and meet your own needs.

Our team understands that everyone has different goals and expectations and we appreciate all the changes that you have made in your life during your weight loss journey.

We are here to help you. Please let us know if there is anything that you need during your time with us. Again, make yourself comfortable and thank you for visiting the UPMC Life After Weight Loss Program.