

**UPMC PALLIATIVE AND  
SUPPORTIVE INSTITUTE**

3600 Forbes Ave.  
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Pittsburgh, PA 15213  
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## Understanding the Role of Your Gero-Palliative Nurse Practitioner



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# What is the Gero-Palliative Nurse Practitioner?

The Gero-Palliative nurse practitioner is stationed at the nursing facility and will work together with your physicians, nurses, and other members of the health care team to manage resident needs. The gero-palliative nurse practitioner is typically available during daylight hours throughout the week.

## What is the gero-palliative nurse practitioner responsible for?

- Communicating with your physician regarding changes in your condition.
- Initiating referrals and consultations with other licensed professional health care providers.
- Assessing, diagnosing, and treating medical concerns at the nursing facility when possible.
- Evaluating the effectiveness of your care plan and making recommendations for changes as needed to support your goals.
- Communicating with you and your family about your care goals and plan.

## When might you need the gero-palliative nurse practitioner?

- When there is pain, nausea, shortness of breath, or other symptoms that are not improving.
- When there is a change in your condition.
- When you or your family has questions about the current medical care and treatment plan.
- When you or your family wants assistance making decisions about treatment options or advance directives.

## Is the gero-palliative nurse practitioner covered by insurance?

Yes. The nurse practitioner bills for services in the facility in the same way other providers do. A copay may apply based on your insurance.

## Who is the gero-palliative nurse practitioner for my facility?

The unit manager, director of Nursing, or administrator can assist in finding out who your caregiver is. You also may call the UPMC Palliative and Supportive Institute at 412-864-2897.

## Does the gero-palliative nurse practitioner take over my care?

No. The CRNP works with your physician to assist with your medical management. You will still be followed by your physician.

## How can I get more information about the gero-palliative nurse practitioner?

Contact us at:

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3600 Forbes Ave.  
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Phone: 412-864-2897

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*A collaborative initiative between UPMC Senior Communities and the UPMC Palliative and Supportive Institute*