

The attached Re-opening Plan is being submitted to the Pennsylvania Department of Human Services – Bureau of Human Services Licensing on behalf of Jameson Place Personal Care license # 401280.

Testing:

A. Baseline Universal Testing

As part of UPMC Senior Communities, our Personal Care & Assisted Living buildings are conducting universal asymptomatic testing of residents & employees in conjunction with the UPMC WOLFF Center, UPMC Clinical Laboratory Building (CLB) and Quest Diagnostic Laboratories. Jameson Place PC completed resident and employee testing on July 9, 2020. Our testing procedure involves a nasopharyngeal swab collection and laboratory analysis to detect COVID-19 (SARS-CoV-2) using reverse transcription polymerase chain reaction (RT-PCR).

B. Symptomatic Resident Testing or Outbreak

- i. Should a resident become symptomatic, a staff member contacts our UPMC Senior Communities' medical director for review of symptoms and recommendations.
- ii. The resident is placed in droplet precautions and isolated pending outcome of evaluation and/or testing.
- iii. If testing for COVID-19 is warranted, the staff person completes and submits the COVID-19 Test Request and the COVID-19 Test Requisition forms.
- iv. The medical director will forward the completed forms onto the UPMC Pre-Hospital team or whomever is responsible for onsite sample collection. • The Pre-Hospital team arranges an EMS/SWAT team or an internal tester will be requested to come to the building to perform the test in the resident's room within 24 hours using aerosol precautions (N 95 mask, PAPRs or face shield/goggles, mask, gloves, gown). Entry to the room will be limited for one hour after the test. Droplet precautions will remain in place while awaiting test results • The Pre-Hospital team then takes the specimen either to the Clinical Laboratory Building (CLB), the closest UPMC hospital to be delivered to the CLB via courier or Quest Laboratory.
- v. We will complete contact tracing to determine if possible where the virus originated and potential exposure to others.
- vi. Timely communication to the residents and their families will be provided.

C. Staff Testing

- i. Asymptomatic testing occurs onsite at the facility as described in section A.
- ii. A symptomatic employee contacts UPMC Employee Health Department and their supervisor provides notification to the UPMC Senior Communities Command Center. The employee does not report to work until cleared by employee health.

- iii. Symptomatic testing is scheduled at a UPMC lab or Quest location within 24 hours of symptoms.
- iv. A positive test requires the employee to be off work for 14 days unless otherwise directed by Employee Health.
- v. We will complete contact tracing to determine if possible where the virus originated and potential exposure to others.

D. Nonessential Staff & Volunteer Testing – We have the testing capacity for these individuals same as outlined in Section C.

E. Testing Refusal – Employees and residents will be re-educated on the importance of testing to encourage participation.

UPMC Senior Communities has a policy addressing employee refusal to be tested. Employee circumstances will be reviewed case by case to determine course of action up to and including furlough from work.

Resident refusal to be tested will result in at least a 14-day quarantine in their private room as they are monitored for symptoms. We will revisit testing requirements/recommendations with the resident and their responsible party.

F. Isolating Residents that Test Positive – In the event a resident test result is positive, the resident and responsible party will be notified by the administrator or designee.

The following steps will be implemented immediately:

- i. The UPMC Senior Communities Command Center will be notified.
- ii. The resident's primary care physician will be notified.
- iii. Staff members will be assigned to care for the resident and if possible, not care for other residents.
- iv. Resident will be moved to a private room and door closed with droplet precautions.
- v. Other licensed facilities within UPMC Senior Communities (skilled nursing, assisted living, personal care) are an alternative to move a resident if necessary.
- vi. Staff will use PPE appropriate for droplet precautions upon entering the resident's room including an N95 mask, gown, face shield and gloves.
- vii. Resident will be monitored with vital signs including temperature and pulse ox each shift.
- viii. Droplet precautions will be lifted once the resident has two negative test results at least 24 hours apart or per any subsequently issued federal or state guidance.
- ix. Meals, drinks, mail, etc. will be delivered to the resident's room by employees wearing appropriate PPE while droplet precautions are in place.

Screening:

A. Entrance Screening – Our personal care building has one point of entry for residents, employees, other healthcare providers, vendors and visitors.

Screening Protocol:

- Body temperature scan: anyone with a fever greater than or equal to 99.0 degrees Fahrenheit is prohibited from entering
- All persons (employees, healthcare providers, approved visitors, vendors, etc.) entering the building will be asked the following questions:
 1. Do you have a new onset of cough or shortness of breath?
 2. Have you had close contact with a person diagnosed with COVID-19?
 3. Have you had contact with a COVID-19 patient without wearing proper the PPE?
- Everyone entering the building is required to wear a mask. Employees are issued a surgical mask at the onset of their shift. Hand hygiene reminders are posted, and hand sanitizer is available.

B. Resident Screening – For any admissions/readmissions, COVID 19 screening is done within 24 hours prior to admission. This is completed remotely to identify potential COVID 19 symptoms and must be negative to approve admission. This information will be retained in the resident’s admission packet.

The COVID 19 screening questions are:

1. Do you have a fever greater than 99 degrees Fahrenheit?
2. Do you have new onset of sore throat, or symptoms of lower respiratory illness (cough, shortness of breath)
3. In the past 14 days:
 - a. Have you been in close contact with a person diagnosed with COVID-19?
 - b. Have you resided in a location or facility that has known positive COVID 19 cases?
Review local listing of facilities with COVID 19 infections
 - c. Have you been in close contact with a person who was exposed to someone suspected to have COVID 19?
 - d. Have you been tested for COVID 19?

Residents who have tested positive for COVID-19; any “yes” responses to screening questions and residents receiving dialysis will be reviewed by the Senior Communities Command Center.

Residents moving into the facility and those returning from a minimum of an overnight stay outside of the facility will be quarantine as appropriate to their room for a period of 7 days to monitor for any symptoms.

All residents have their temperature taken daily and monitored for any symptoms.

Staffing: The building is currently operating with the required staffing ratio of 1 hour/ mobile resident and 2 hours/ immobile resident. In the event we require supplemental staffing we have contacts within the UPMC organization to assist with essential staffing needs. Confirming - we are not currently operating with a contingency staffing plan.

Personal Protective Equipment (PPE): The building is currently equipped with a minimum of a week's supply of PPE including surgical masks and gloves. We also have available in the building gowns, face shields and N95 masks. We receive a weekly delivery of surgical masks. We do routine ordering and special requests through UPMC Supply Chain.

Socialization:

Masking not required by resident if contraindicated and documented on RASP.

A. Communal Dining: Suspended if Lawrence County is in the Red Phase

- i. Only residents who are symptom free, no exposure to COVID, not tested for COVID within the last 14 days and not awaiting COVID test results will be permitted to eat in the dining room
- ii. Communal dining will be limited to specific floors, i.e. "1st floor only for lunch"
- iii. One floor, one meal per day, on designated days to be determined
- iv. Residents are physically distanced at least 6 feet apart
- v. Residents have assigned seats
- vi. Residents are encouraged to wear a mask traveling to/from dining room
- vii. Hand sanitizer is available on the counter in the main dining room.
- viii. Dining times are typically 7:45 am breakfast, 11:45am lunch and 4:45pm dinner.
- ix. The dining room for personal care is not currently open so meals will be served in individual resident rooms.
- x. We have individually packaged snacks & drinks available 24/7.
- xi. No guests are permitted for meals.

B. Activities:

- i. Activities take place in our dining room, lounge area and outdoors.
- ii. Residents are physically distanced at least 6 feet apart.
- iii. Residents are encouraged to wear a mask, if appropriate, when attending activities. We will provide masks for residents as needed.
- iv. Only residents who are symptom free, no exposure to COVID, not tested positive for COVID within the last 14 days and not awaiting COVID test results will be permitted to participate in group activities.
- v. Capacity to participate:

STEP 1: No more than five residents to gather at one time

STEP 2: No more than ten residents to gather at one time

STEP 3: No capacity limit to attend activities;
Outings scheduled where social distancing can be maintained

C. Visitation - Suspended if Lawrence County is in the Red Phase and/or Jameson Care Center Skilled Nursing experiences an outbreak (Please note that these guidelines will be provided to both the resident and/or their family prior to their enactment)

a. Guidelines

- i. Hours for Visitation: By appointment only
- ii. Visits are voluntary participation and not mandatory.
- iii. Only residents who are symptom free, no exposure to COVID, not tested positive for COVID within the last 14 days and not awaiting COVID test results will be permitted to participate in visitation.
- iv. Visitation is prohibited during mealtimes
- v. Allowable number of visitors at one time: 2
- vi. Children are permitted when accompanied and managed by adult visitor. Children over 2 years of age wear a mask and maintain strict social distancing.
- vii. Designation Visitation Space: neutral zone only, 6 feet distancing
- viii. Screening of Visitors: Please refer to *Screening section A*. They are told in advance if they are experiencing any symptoms of illness to not come to campus.
- ix. Hand Sanitizer will be available at designated visitation space and all participants will be educated to use before and after the visit.
- x. Infection control procedures between visits: Visitation locations will be cleaned with an EPA-registered disinfectant between visits. When visitation occurs inside, individuals will be escorted to and from the designated area.
- xi. Mask – required for resident and visitors. We will provide a cloth mask for the resident. Visitors are notified in advance requiring they bring their own mask, or the visit will be cancelled.
- xii. The administrator or designee will keep a written schedule of visits should the information be needed for contact tracing.
- xiii. We will continue offering virtual visits with the use of FaceTime, Zoom and Google Duo.

b. STEPS

- i. STEP 1-Compassionate care visitation only with prior consent by Administration
- ii. STEP 2-Neutral outdoor visitation: Visits permitted outdoors in front of building or behind building in designated areas. Child must remain in designated area and

supervised by an adult. Indoor visits will be permitted in inclement weather in neutral areas, atrium and lounge. Indoor visits MUST be scheduled with staff. Visitors will be screened prior to visit.

iii. STEP 3-Neutral outdoor visitation and indoor visitation in resident rooms. Visitors will be screened, masked, sanitized and escorted directly to resident room. Visitors will exit the building immediately after visit. Number of visitors will not change, 2 only.

D. Resident LOA-permitted in STEP 3

- i. Resident to notify staff prior to leaving the facility with their destination.
- ii. Resident to be screened upon leaving and returning to facility.
- iii. Resident must be symptom free, no exposure to COVID, not previously tested positive within the last 14 days and not awaiting COVID test results are permitted to leave the campus.
- iv. Resident will wear mask when leaving the facility.
- v. If leaving with a visitor, visitor will need to be screened and wearing a mask. If visitor does not pass screening, resident will not be permitted to leave with them.
- vi. Upon return quarantine restrictions may be applicable for 7-14 days depending on the location of the LOA, resident and family symptomatology and/or other pandemic factors.

E. Services:

1. Salon (Hairdresser & Barber) – Permitted in STEP 2

- i. Operator/stylist/barber are screened upon entry to the campus as outlined in *SCREENING section A* of this plan.
- ii. All services are by appointment only.
- iii. Only residents in good health and not awaiting COVID test results will be permitted to schedule an appointment in the salon.
- iv. Operator/stylist/barber are required to wear a mask and gloves at all times and practice proper hand hygiene.
- v. Residents in the salon are required to wear a cloth mask at all times.

- vi. With 6 feet social distancing, two residents are permitted at one time in the salon.
- vii. Resident waiting will be outside of the salon and socially distanced.
- viii. Surfaces and styling tools will be sanitized between each customer.

2. **Essential Services:** Podiatrist, Audiologist,

- a. Specialists are screened upon entering the building as outlined in 'Screening section A' of this plan.
- b. All services are by appointment only.
- c. Only residents in good health and not awaiting COVID test results will be permitted to schedule an appointment.
- d. Specialists are required to wear a mask and gloves and practice proper hand hygiene.

3. **Non-Essential Personnel** – Permitted in STEPs 2 & 3

- i. All non-essential personnel will be screened upon entry to the campus as outlined in SCREENING section A of this plan.
- ii. All non-essential personnel are required to be masked when on the grounds and in the building
- iii. Non-essential personnel will not have direct resident contact when possible or maintain a minimum of 6 feet social distancing.

Jameson Place Personal Care is submitting our Re-opening Plan dated July 29, 2020. We reserve the right to make changes to this plan to preserve the health and safety of our residents and employees. If we have a resident or employee test positive for COVID-19, we are required to step back and temporarily limit communal dining, activities and visitation. If you have any questions, please contact Julie Herb, Administrator, at 724-598-3404 or Suzanne Boyer, Manager, at 724-598-3434. You may also use email at herbjr@upmc.edu or boyersm@upmc.edu