

HERITAGE PLACE SKILLED NURSING AND REHABILITATION



Nestled in the distinguished Squirrel Hill neighborhood of the city of Pittsburgh, Heritage Place, part of UPMC Senior Communities, boasts a clean Georgian architecture, and its neatly landscaped yard extends a warm invitation to come inside. A calm atmosphere and confident staff greet patients as they begin their stay at this skilled nursing and rehabilitation facility.

A UPMC professional team works cooperatively to enhance quality of life and return patients to their highest level of independent functioning. Caring, dedicated staff provide comprehensive skilled nursing and rehabilitation services that address the physical, psychological, and social needs of each patient.

Partnering with the UPMC Rehabilitation Institute, Heritage Place offers a Transitional Rehabilitation Unit (TRU) for short-stay skilled nursing and rehabilitation patients. This partnership offers the best rehabilitative services possible before discharge. Heritage Place provides quality health care to its patients and offers a variety of programs that meet the needs of patients who no longer require hospital care, but need 24-hour services.

For more information, call **412-422-5100** or visit UPMCSeniorCommunities.com.

Skilled Nursing and Rehabilitation Services

For patients requiring 24-hour nursing care, Heritage Place offers the following specialized services:

- IV therapy
- Physical, occupational and speech therapies
- Private and semi-private rooms
- Total parental nutrition (TPN)
- Wound care
- Transitional Rehabilitation Unit (TRU) for short-stay rehabilitation skilled patients
- Board-certified physiatrist
- Hospice care
- Respite care
- Feeding tubes
- Outpatient dialysis
- Digital imaging
- Pastoral care
- Telemedicine



Rehabilitation Services

In collaboration with the UPMC Rehabilitation Institute and UPMC Centers for Rehab Services, Heritage Place offers strong patient-focused rehabilitation services, allowing patients to move through patient-appropriate levels of therapy as they progress. As a result, Heritage Place residents reap the combined benefits of outstanding physical, occupational, speech, and restorative therapies as physicians work to develop new treatments that are shared across UPMC.

The Heritage Place Transitional Rehabilitation Unit (TRU) for short-stay skilled patients provides convenient access to a well-equipped, spacious therapy area. The oversight of this unit by the UPMC Rehabilitation Institute provides patients with the best possible rehabilitation.

Board-certified physiatrists (physicians trained in physical medicine and rehabilitation) are integrated in the patient care team.



Facility Features

- Skilled care, provided by licensed health care professionals, offering skilled nursing and rehabilitation services for a defined period of time
- Registered nurse supervisors 24 hours a day, seven days a week
- Individualized care providing comprehensive services that address the physical, psychological, and social needs of each patient
- Respite care offering a short-term, temporary stays when a family desires some personal time
- Hospice services for families coping with loved ones who are terminally ill
- Comprehensive wound care
- Palliative care nurse practitioner on-site
- Continued care by patient's personal physician when credentialed by Heritage Place, or option to select from the Heritage Place physicians
- Telemedicine services for Geriatricians to provide patient assessments



Facility Amenities

- Three delicious meals served daily
- Kosher meals and snacks available by request
- Coordinated games, arts and crafts, sports, music, and other entertainment for patients
- On-site pastoral care
- 24-hour visitation
- Regularly scheduled resident council and caregiver support groups
- In-house personal care salon
- WiFi available throughout the facility
- Cable included
- Flat screen TV at bedsides



HERITAGE PLACE

5701 Phillips Avenue
Pittsburgh, PA 15217

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Heritage Place is certified by Medicare and Medicaid. It is annually surveyed by the Department of Health and most insurance plans are accepted.

UPMC is an equal opportunity employer. UPMC policy prohibits discrimination or harassment on the basis of race, color, religion, ancestry, national origin, age, sex, genetics, sexual orientation, marital status, familial status, disability, veteran status, or any other legally protected group status. Further, UPMC will continue to support and promote equal employment opportunity, human dignity, and racial, ethnic, and cultural diversity. This policy applies to admissions, employment, and access to and treatment in UPMC programs and activities. This commitment is made by UPMC in accordance with federal, state, and/or local laws and regulations.