

## Living Donor Transplant: A Journey You Don't Make Alone

At UPMC, we understand that waiting for a life-saving transplant can be an overwhelming challenge. Our team is here to offer support throughout this entire journey and offers a variety of resources to assist you and your family.

### The UPMC Living Donor Champion Program

A Champion is someone who is willing to provide emotional support for you while you're on the transplant waiting list by taking the lead in finding and securing a suitable living donor. Through the UPMC Living Donor Champion Program, patients and their support system can take advantage of the following resources:

- **Living Donor Champion Toolkit** - The Champion Toolkit guides you and your Champion through the living donation process and provides tools to help you successfully find a living donor. Access the toolkit by visiting [UPMC.com/LivingDonorChampion](https://UPMC.com/LivingDonorChampion).
- **Champion Workshops** - You and your Champion are invited to attend a free educational workshop about living donation, which includes resources for finding a donor. For more information, visit [UPMC.com/LivingDonorChampion](https://UPMC.com/LivingDonorChampion).
- **Living Donor Information Sessions** - Host a Living Donor Information Session in your community to share your story and teach others about living donation. For more information, or to host an event, visit [UPMC.com/LivingDonorCommunity](https://UPMC.com/LivingDonorCommunity).
- **Living Donor Champion Support Group** - Join the UPMC Living Donor Champion Support Group to learn more about living donor transplants, ask questions, and meet and hear stories from other Champions and patients. Visit [Facebook.com/LivingDonorTransplant](https://Facebook.com/LivingDonorTransplant) to join the group.
- **Living Donor Champion Ambassador** - UPMC's Living Donor Champion Ambassador, Donya McCoy, is available to provide personal support to you and your Champion. To contact Donya McCoy, call **412-389-7606**.

## UPMC and Donate Life America Living Donor Transplant Facebook Page

Like us on Facebook today to learn more about living donation, share and read personal stories, and connect with others whose lives have been touched by transplantation. Check out the page by visiting [Facebook.com/LivingDonorTransplant](https://www.facebook.com/LivingDonorTransplant).

## UPMC Living Donor Transplant Team

We look forward to partnering with you along this journey. Our team is here to offer support and guidance to you and your family. To reach a member of our team, call **412-647-3476**.